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African Journal of Pharmacy and Pharmacology

Full Length Research Paper

In vitro antioxidant action of the crude ethanolic extract from the leaves of Ocotea pulchella (Nees & Mart.) and their fractions

Augusto Cesar Rebouças^{*}, Cristiane Bezerra da Silva, Luciane Dalarmi, Maislian de Oliveira, Katlin Suellen Rech, Josiane de Fátima Gaspari Dias, Sandra Maria Warumby Zanin, Vitor Alberto Kerber, Obdulio Gomes Miguel and Marilis Dallarmi Miguel

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Received 2 October, 2014; Accepted 3 February, 2015

The antioxidant potential of the crude ethanolic (CCE), hexane (HF), chloroform (CLF), ethyl acetate (EAF) and remaining extracts (RF), from the leaves of *Ocotea pulchella*, was verified using seven antioxidant assays: DPPH (2.2-diphenyl-1-picrylhydrazyl), phosphomolybdenum complex, reducing power (prussian blue), lipid peroxidation (TBARs- thiobarbituric acid reactive substances), deoxyribose oxidation and H_2O_2 scavenging. The obtained results showed that the EAF was more active in the DPPH, phospho-molybdenum, lipid peroxidation, deoxyribose oxidation and H_2O_2 scavenging methods; and the CLF showed to be more active in the reduction potential method. The hierarchical cluster analysis (HCA) and principal component analysis (PCA) analysis demonstrated that DPPH is the method which requires less extract and fractions concentrations to show antioxidant potential and that deoxyribose oxidation and H_2O_2 scavenging showed a relative antioxidant activity when compared to other methods. The reduction potential and phosphomolybdenum complex showed less antioxidant potential. The cluster analysis also shows that the EAF possesses an antioxidant activity similar to the tested standards. These results indicate that the EAF may contain promising antioxidant agents that can also be useful for the treatment of diseases caused by free radicals.

Key words: free radicals, antioxidant assays, PCA, HCA.

INTRODUCTION

The harmful effects of free radicals have drawn the attention of scientists to the importance of antioxidants in preventing and treating diseases (Niki, 2010). Hence,

there is an increased interest in searching for natural products which can be used as antioxidants, preventing the oxidative damage (Lindberg and Bertelsen, 1995;

*Corresponding author. E-mail: aug_cesar@yahoo.com.br Author(s) agree that this article remain permanently open access under the terms of the <u>Creative Commons Attribution</u> <u>License 4.0 International License</u> Moure et al., 2001). Several studies were performed with components derived from natural products, in order to unravel the components which have antioxidant properties and low cytotoxicity (Hazra et al., 2008). Natural antioxidants are important for daily consumption, while synthetic antioxidants, such as butyl hydroxyanisole (BHA) may act as carcinogenic in human beings (Ani and Naidu, 2011).

The oxidative stress leads to serious damage to macromolecules, such as proteins and DNA. However, free radical production can be eliminated by the action of endogenous enzymes, as well as by synthetic antioxidant activity (Halliwell 1990; Halliwell 1997). Antioxidants act by several mechanisms, including the prevention of transition metal ions- chelation catalysts, peroxidase decomposition and free radicals elimination (Valko et al. 2006).

Ocotea pulchella is popularly known as aloe cinnamon (canela-babosa), laurel avocado (louro-abacate), brown cinnamon (canela-parda), chilli cinnamon (canelapimenta), guaiacá, cane-goiacá, amansa-aiui-saiiu. In Argentina, it is known as laurel-amarillo, also canelinha and inhumirim. The species occurs in Southern America, being common in Argentina, Paraguay, Uruguay and Brazil. In the latter, it is distributed in the Middle-Western (Goiás), Southeastern (Minas Gerais, Espírito Santo, São Paulo, Rio de Janeiro) and Southern (Paraná, Santa Catarina, Rio Grande do Sul) regions (Botega et al., 1993). No study concerning the phytochemical composition of its leaves has been reported so far, and benzylisoquinoline alkaloids. such as 1-(pmethoxybenzoyl)-6,7-methylenedioxyisoguinoline and 1-(hydroxy-p-methoxybenzyl)-6,7-methylenedioxyisoquinoline were isolated from this species' bark (Botega et al., 1993). Thereby, investigations about the biological activity of O. pulchella are interesting, as the great part of species from this genus are useful in popular medicine (Ballabeni et al., 2010; Cabral et al., 2010; Coy-Barrera et al., 2009; Garcez et al., 2009; Guterres et al., 2013; Neto et al., 2011; Rolli et al., 2014).

MATERIALS AND METHODS

Plant

Leaves from *O. pulchella* Mart. were collected in April, 2010, in Pontal do Paraná, a municipality located in the coast of Parana state, Brazil, 25° 39' 54" S, 48° 27' 13" W, at an altitude of 3 m. The botanical determination was performed by biologist Osmar dos Santos Ribas, from the Municipal Botanical Museum of Curitiba, in the Parana state. The voucher was registered under the number 356741.

Preparation of the crude extract and fractions

The collected material was oven-dried at 35°C, then milled and

submitted to exhaustive extraction with ethanol in a soxhlet equipment. After extraction, the solvent was evaporated in a rotary evaporator (Rotavapor) at 50°C, and the ethanolic extract, already dry, was submitted to fractioning in soxhlet, with solvents of different levels of polarity. Then, the solvents were evaporated, and the hexane (HF), chloroform (CLF), ethyl acetate (EAF) and remaining alcoholic (FR) fractions were obtained.

Antioxidant activity by the DPPH method

The quantitative antioxidant capacity to reduce the DPPH radical was measured in visible UV spectrophotometry (Mensor et al., 2001). The DPPH solution was prepared some minutes before the assay at 0.03 mmol/ml in absolute ethanol. Five dilutions of each sample were prepared in concentrations which varied from 5.0 to 200 µg/ml. In each assay tube, 2.5 ml of each sample and 1 ml of the DPPH solution were added. The same diluted samples (2.5 ml) with 1.0 ml of solvent (CEE, EAF and RF: ethanol and HF and CLF: hexane), without reacting with DPPH, constituted the blank of the assay. The control corresponded to 2.5 ml of solvent with 1.0 ml of DPPH solution. These were left to react resting for 30 min at room temperature. As standards, vitamin C and rutin were used. After 30 min, the solution absorbances (Abs) were measured at 518 nm. All steps were performed in triplicate. The percentage of antioxidant activity (AA%) was measured with the formula:

The IC₅₀ value, which represented the concentration of the extracts (tested samples) that caused 50% reduction of the initial DPPH concentration was calculated from the non linear regression curve of log concentration of the tested extract (μ g/ml) against the mean percentage of the radical scavenging activity (AA%) of the samples in each concentration. The line equation for this graph, where y = ax + b, is a basis for determining the IC₅₀ value.

Antioxidant activity by the phosphomolybdenum complex method

For the assay by the phosphomolybdenum method, the samples were dried in water bath (40°C), and using the dry material, methanolic solutions were prepared with a final concentration of 200 μ g/ml. From these solutions, 0.3 ml was added to the phosphomolybdenum complex reaction solution. The tubes were closed and maintained in water bath at 95°C for 90 min. After cooling, the reading was made at 695 nm, in an UV-1601 Shimadzu[®] spectrophotometer to obtain the absorbances, using 0.3 ml of methanol from the reagent as blank. The sample antioxidant capacity is expressed in relation to rutin (200 μ g/ml), which was used as standard, and vitamin C (200 μ g/ml) which reference antioxidant activity was considered at 1.00 (Prieto et al., 1999). Results were expressed as relative antioxidant activity (AAR%) of the sample, related to vitamin C, following the formula:

AAR% Related to vitamin C = -

Abs (Vitamin C) - Abs (blank)

Antioxidant activity by the reduction potential method (Prussian blue)

During the antioxidant activity test by Prussian blue, extracts and fractions, in concentrations of 200 μ g/ml were transferred to 25 mlassay tubes, potassium phosphate buffer at 0.2 M (pH 70) and potassium ferricyanide at 1.0% were added. The mixture was incubated at 45°C for 20 min and then trichloroacetic acid at 1.0 % was added to the tubes. About 2.5 ml were transferred to 5.0 mlassay tubes, and 1.5 ml of distilled water, 1.0 ml of ethanol and 0.5 ml of FeCl₃ at 1.0% (p/v) were added. The reading was made at 700 nm (Yen and Chen 1995). The results were expressed as relative antioxidant activity (AAR%) of the sample, related to vitamin C, following the formula:

$$AAR\% = \frac{Abs_{(sample)}}{Abs_{(Vitamin C)} - Abs_{(blank)}} \times 100$$

Antioxidant activity by the TBARS (Thiobarbituric acid reactive substances) method

For the antioxidant activity assay by the lipid peroxidation inhibition method, the TBARS method was used. About 3.0 mg of the samples (extract and fractions) and BHT standard were diluted in 1.0 ml of ethanol. All the procedures were performed in triplicate. A volume of 0.5 ml of homogenized egg yolk solution (5% m/v), lipid rich medium, and 0.1 ml of each sample and control were added to assay tubes. Then, each tube received 0.05 ml of 2,2'-Azobis(2methylpropionamidine) dihydrochloride (ABAP) (0.035%) solution in order to induce lipid peroxidation. Then, were added 1.5 ml of acetic acid 20% (pH 3.5), 1.5 ml of thiobarbituric acid (TBA) (0.4% m/v) in a sodium dodecyl sulfate (SDS) (0.55% m/v) solution and 400 µl of distilled water were added. The prepared material was submitted to water bath (95°C) for 1 h under agitation. After cooling, each tube received 1.5 ml of n-buthanol and was centrifuged during 3 min at 3,000 rpm, followed by supernatants spectrophotometric reading at 532 nm (Morais et al. 2006). The inhibition percentage in lipid peroxidation was calculated following the formula:

Antioxidant activity by the thiocyanate oxidation method

% Inhibition =

During the antioxidant activity by ferric thiocyanate, extracts and fractions in a 200 μ g/ml concentration were diluted in 1.0 ml of ethanol and then 250 μ l of ethanol, 550 μ l of linoleic acid at 2.51% (p/v) in ethanol (99.0% v/v), 2.0 ml of phosphate buffer 0.05 mol/L (pH 7.0) and 900 μ l of distilled water were added to the tube and left in water bath at 50.0 ± 0.5°C. For 25 μ l of this solution, 3.25 ml of ethanol 75% (v/v), 25 μ l of ammonium thiocyanate at 30% (p/v) and 25 μ l of ferrous chloride 0.02 mol/L were added. After 3 min of reaction at room temperature (25.0 ± 0.5°C), the samples were transferred to microplates and the absorbance was read at 500 nm in a microplate reader. The reading was repeated each 24 h, until the purple color of the control reached a value (Kikuzaki and Nakatani, 1993; Raymundo et al., 2004). The antioxidant butylated hydroxytoluene (BHT) was used as standard for these assays. The percentage of inhibition in lipid peroxidation was calculated

following the formula:

AAR% Related to vitamin C =
$$\frac{Abs_{(sample)} - Abs_{(blank)}}{Abs_{(control)}} \times 100$$

Antioxidant activity by the deoxyribose oxidation method

The capacity of the extracts to avoid the decomposition of deoxyribose induced by Fe⁺⁺ and H₂O₂ was evaluated (Preusser et al., 2011). For the *O. pulchella* extract and fractions assays, 500 µg/ml of solution were added in 120 µl of deoxyribose solution 20 µmol/L, 0.125 ml of sodium phosphate buffer 0.1 mol/L, 40 µl of hydrogen peroxide 20 µmol/L, 40 µl of ferrous sulfate 500 µmol/ml and 500 µl of distilled water. The mixture was incubated for 30 min at 37°C. Then, 500 µl of tricloroacetic acid 2.8% and 400 µl of thiobarbituric acid 0.6% were added. The mixture was incubated once more at 30°C for 20 min. The reading was performed at 532 nm. The antioxidant vitamin C was used as standard, in a concentration of 500 µg/ml.

Antioxidant activity by the H₂O₂ scavenging method

The ability of the extracts to scavenge hydrogen peroxide was determined with a 4 mmol/L solution of hydrogen peroxide, which was prepared in phosphate buffer (pH 7.4). The concentration of hydrogen peroxide was spectrophotometrically determined at a wavelength of 230 nm (Ruch et al., 1989). For every 100 μ l of the extraction solution and semipurified fractions of *O. pulchella* in a 500 μ g/ml concentration, 900 μ l of ethanol and 600 μ l of hydrogen peroxide were added. Vitamin C was used as standard in a 500 μ g/ml concentration. After 10 min of reaction at room temperature (25.0 ± 0.5°C), the reading was performed in a spectrophotometer, at a wavelength of 230 nm, against the blank solution containing the extracts and fractions in a buffer solution without hydrogen peroxide. The calculation of the scavenging activity was by the formula:

% of
$$H_2O_2$$
 scavenging =
$$\frac{100 - Abs_{(control)} - Abs_{(sample)}}{Abs_{(control)}} \times 100$$

Statistical analysis

For the antioxidant assays, samples of extracts and fractions were evaluated in triplicate. Data were submitted to analysis of variance and when the effects of the treatments were significant, related to the control, averages were compared by Tukey test. All results were analyzed considering a significance level $\alpha = 5\%$. The obtained results were expressed as mean ± standard deviation.

Chemometric treatments

Principal component analysis (PCA) and hierarchical cluster analysis (HCA) data was based on biological activity information. For each activity, two chemometric matrices were evaluated: first, the % antioxidant values, IC were interpreted to delineate the general behavior of each extract and fractions against the antioxidant

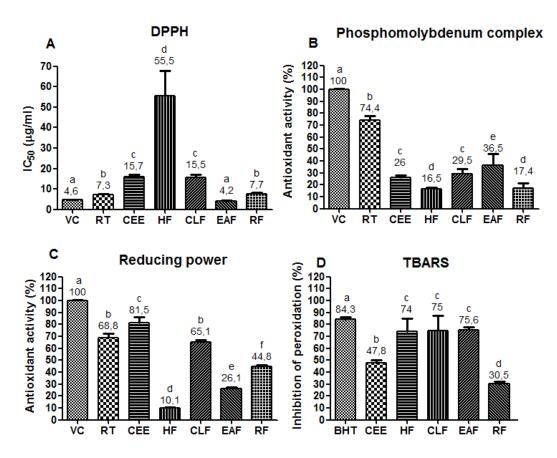


Figure 1. Antioxidant activity of the crude ethanolic extract (CEE), hexane (HF), chloroform (CLF), ethyl acetate (EAF) and remaining fractions (RF) of *O. puberulla*, by A: DPPH, B: Phosphomolybdenum complex, C: Reducing Power and D: TBARS.

Means followed by the same letter do no differ each other by the Tukey test, p < 0.005.

antioxidant methods, bacterial and cellular lineages. Then, data of each activity were evaluated to specify the antioxidant, antimicrobial and cytotoxic potential, against the antioxidant methods, bacterial and cellular lineages. Hence, a PCA was performed through preprocessing of self-adjusted means with varied scales, which attribute to the same variant charge. For HCA, matrices were also autoadjusted and Euclidean distances among extracts and fractions were calculated. The incremental linker method (an approach of the sum of squares to calculate intercluster distances) was applied to generate clusters (Brandão et al., 2013; Monteiro et al., 2008).

RESULTS

The extract and fractions originated from *O. pulchella* showed an antioxidant activity which was dependent of the used method. The DPPH showed that the ethyl acetate (EAF) possesses an antioxidant action which is similar to vitamin C, with an IC_{50} value of 4.2 µg/ml and the RF to the rutin standard ($IC_{50} = 7.7$ µg/ml). Although the crude ethanolic extract (CEE) and chloroform (CLF) did not show a similar activity to standards, only 15.7 and

15.5 μ g/ml were necessary to achieve the IC₅₀ (Figure 1A). No extract or fraction showed antioxidant activity similar to the standards vitamin C and rutin using the phosphorus-molybdenum complex method, and a small activity was observed for the EAF (36.5% of activity) (Figure 1B). The reduction potential method (Prussian blue) showed that CLF had a similar activity to the standard rutin (65.1% of activity). CEE presented an antioxidant activity of 81.5%, considered more active when compared to the fractions (Figure 1C). For the lipid peroxidation assay, HF (74%), FCL (75%) and EAF (75.6%) showed an inhibition activity of more than 50%. However, these values were not superior to the standard BHT (84.3%) (Figure 1D).

Similar to the lipid peroxidation inhibition method, EAF presented an antioxidant activity of 52% by the thiocyanate inhibition method. HF (92.2%) and CLF (98.7%) had similar activities to BHT (92.9%) (Figure 2A) in the thiocyanate inhibition method. For the deoxyribose method, only FH did not show an inhibition superior to 50%. Only EAF showed an activity of 97.3% and its

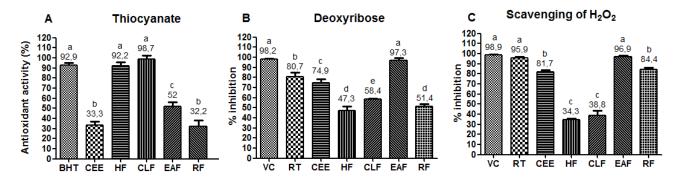


Figure 2. Antioxidant activity of the crude ethanolic extract (CEE), hexane (HF), chloroform (CLF), ethyl acetate (EAF) and remaining (RF) fractions of *O. puberulla*, by the methods A: thiocyanate inhibition, B: deoxyribose inhibition and C: hydrogen peroxide screening. Averages followed by the same letter do not differ each other by the Tukey test, p < 0.005.

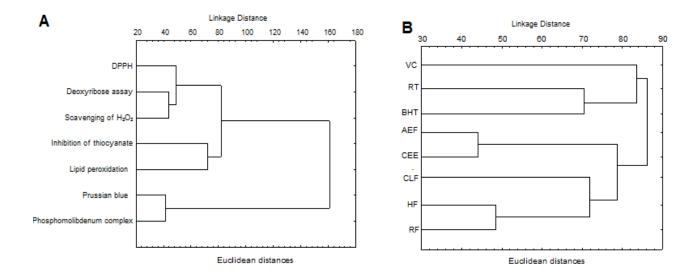


Figure 3. Built Cluster, from antioxidant activity data, for the tested antioxidant methods (A) and standards Vitamin C (VC), rutin (RT) and BHT, ethanolic crude extract (CEE), hexane (HF), chloroform (CLF), ethyl acetate (EAF) and remaining (RF) fractions (B) of *O. pulchella*.

activity was considered similar to vitamin C (98.2%). CEE (74.9%), CLF (58.4%) and remaining fractions (RF) (51.4%) showed an activity superior to 50% as well (Figure 2B). EAF showed an antioxidant activity similar to vitamin C and rutin, with an inhibition of 96.9% of the hydroperoxide radical (Figura 2C). A low activity was verified for HF and CLF, demonstrating that these fractions are not considered active by this method. CEE and RF showed activity between 81.5 and 84.4%.

A hierarchical cluster analysis (HCA) was performed for all the experimental data, taking the Euclidean distance as metric and the complete linkage method, as an amalgamation method. The obtained results were divided in three distinct groups, which correspond to three antioxidant levels of extracts and fractions. As demonstrated in Figure 3, the DPPH method was characterized as the method which detects a higher antioxidant action, when compared to the others, followed by the deoxyribose reduction and H_2O_2 scan. The thiocyanate inhibition method and lipid peroxidation show as medium activity methods, and the reduction potential and phosphorusmolybdenum complex demonstrated to be less effective for the EEB and fractions of O. *pulchella* (Figure 3A).

When the antioxidant action among CEE and fractions was compared, a grouping indicating that EAF and CEE presented a higher antioxidant potential by the tested methods. HF and CLF would be considered fractions with an intermediate activity and FR the fraction which showed

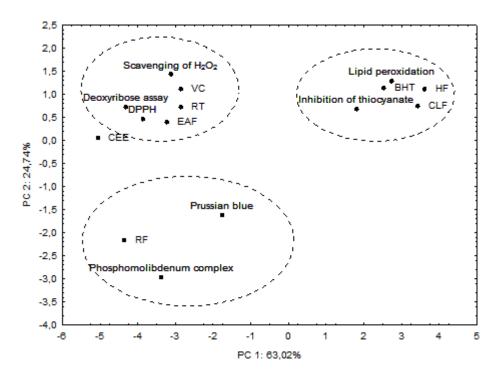


Figure 4. PCA which represents the evaluated parameters to the antioxidant activity with data parcels for the standard and extracts. The parcels show 63.02 and 24.74% of the total variance explained in PC1 and PC2, respectively.

showed smaller activity (Figure 3B). The cluster was performed with Euclidean distances, using an incremental linkage method to generate clusters. Branches represent stronger activity (upper portion, near to DPPH and standard vitamin C methods), intermediate and weak activities.

Data obtained in the antioxidant activity evaluation were used to perform a graph, where the loadings of the principal component analysis (PCA) correspond to antioxidant activity. The PC1 axis corresponds to 63.02% of variance, while the PC2 axis represents 24.74% and theses axis explain the antioxidant effect under CEE and tested fractions. The extracts and fractions designated to elevated values over the PC2 axis have a pronounced antioxidant activity in EAF, CEE and standards vitamin C and rutin, indicating that these fractions and standard showed a higher activity for DPPH, deoxyribose inhibition and H₂O₂ scan methods. The methods which are closer to negative values for PC₂ and PC1 indicate a less antioxidant potential for RF and Prussian blue and phosphomolybden complex. The BHT, HF and CLF standards, localized on the positive values of PC1 and PC2, indicates high activity for the methods of lipid peroxidation (TBARS) and thiocyanate inhibition (Figure 4).

DISCUSSION

The analysis of the crude ethanolic extract and fractions obtained from leaves of O. pulchella indicated that the activity is concentrated on the crude extract and in the ethyl acetate fraction. The main reason for a less antioxidant activity of the hexane and chloroform fractions against the DPPH, reduction potential, phosphomolybden and H₂O₂ radical potential may be correlated to solubility and stability. These pharmacokinetical properties are closely related to the pharmacological efficacy, as the antioxidant efficacy depends on the capacity of the compounds to penetrate the cellular membrane (Takamatsu et al., 2003). Hence, this study directs the antioxidant potential of each fraction, when evaluated by the tested methods, and these results were confirmed by PCA analysis. The high activity of CEE and EAF for the DPPH, deoxyribose inhibition and hydroperoxide radical scavenging methods demonstrate their use in hydrophilic systems.

The DPPH is simple and largely employed, where DPPH is a stable free radical, not natural, whose properties differ from the highly reactive oxygen radicals such as hydroxyl (is capable of oxidizing a wide variety of organic compounds to CO_2 , H_2O and inorganic ions from

heteroatoms), alcoxyl (may withdraw hydrogen atoms of polyunsaturated fatty acids and lipid other hydroperoxides, forming other lipid radical (L•) and radical LOO•) and superoxide, which play an important role in biological oxidative processes. Several series of chemical compounds showed a close correlation among the DPPH scavenging and antioxidant activities determined in biological and non-biological models (Malterud et al., 1993). Thus, the scavenging activity assay of the free radical DPPH is an antioxidant test which can be used for the screening of synthetic chemical compounds and natural products, being important as a preliminary test to determine the antioxidant potential of an extract and/or fractions, or even a pure substance. Other assays, such as the phosphomolybden complex determines the total antioxidant capacity of a sample against a redox reaction. It allows the evaluation of components both lipophilic and hydrophilic. This assay is based upon the reduction of molybden VI to molybden V, in the presence of some substances with antioxidant capacity, with the formation of a green complex between phosphate/ molybden (V), in acid pH, spectrophotometrically determined at 695 nm (Prieto et al., 1999).

The potential reduction method (Prussian blue) is an important method as well, and is based on the reduction of Fe³⁺, which determines the reduction power are also used for the antioxidant activity assessed. such methods evaluate the capacity of phenolic compounds to reduce Fe^{3+} , with a consequent formation of a colored complex with Fe²⁺ (Roginsky and Lissi, 2005). The reduction power is observed in the direct donation of electrons, during the potassium ferricyanide $[Fe(Cn)_6]^3$ reduction to potassium ferricyanide $[Fe(Cn)_6]^4$. The product is visualized by the addition of Fe³⁺ ions, which after the reduction reaction, forms the Prussian blue complex, Fe₄ [Fe(Cn)₆]³. The reduction potential assay becomes important in substance analysis, to be compared to DPPH activity. The advantage of this assay is that it allows for less soluble fractions to have their activity determined.

Methods which evaluate the lipid peroxidation are important, as they measure the action of a free radical under lipids of cellular membranes, leading to destruction of its structure, failure of metabolite-exchanging mechanisms and, in extreme conditions, cellular death (Benzie, 1996). In the ferricyanide methodology, peroxide oxidize Fe^{2+} to Fe^{3+} , which is dosed by colorimetry (500 nm) under chloride or ferricyanide (Silva et al., 1999). In this assay, hydroperoxides generated during the oxidation of linoleic acid react with ferrous sulfate, originating ferric sulfate and then to ferric thiocyanate, of a blood-red color. The absorbance decrease reveals the interruption in the oxidation due to linoleic acid unavailability in the middle of the reaction and to the onset of secondary products comingfrom hydroperoxide degradation (Chen et al.,

1996).

During TBARS assay, MDA-derived products are formed, which usually requires a low pH and elevated temperatures (80 to 100°C), some fluorescent substances derived from MDA may be generated in neutral pH and lower temperature (37°C). In neutral pH, at 37°C, a Hantzsch-like condensation reaction between MDA and primary amines produces fluorescent compounds. The non-specific reaction of MDA with amino-primary groups occurs in several biomolecules (proteins, nucleic acids, amines and phospholipids) producing complexes which are Schiff-conjugated bases (Janero, 1990). The MDA evaluation by the TBA test is not specific, because many other substances which occur in biological materials also react with TBA. This nonspecific is particularly important in lipids containing auto oxidation agents, such as secondary decomposition products, including a complex mixture of saturated short-chain compounds (alkanes), unsaturated (alkenes and dienes) and monofunctional aldehydes, in addition to MDA. Some monofunctional aldehydes are also reactive to TBA in acid medium and at elevated temperature used in the SRATB test, forming TBA derived products with a spectrum in the visible similar to that of MDA:TBA (1:2) complex (Janero, 1990). Therefore, the spectrophotometric test with TBA may measure a variety of species that absorb at 532 nm. Another possible interference in this method is due to the presence of transition metals which enable MDA generation during analysis. It is essential to include enough amount of antioxidant to prevent the auto oxidation of lipids and subsequent MDA formation during the heating phase of the assay. Additionally, it is also advisable to treat the reagents with transition metals chelates, to hinder their transference. Another disadvantage of the thiobarbituric acid reactive species test (TBARs) is the instability of the chromogen, which absorbs at 532 nm (Fukunaga et al., 1995).

The deoxyribose assay is a method where this sugar is degraded when exposed to the hydroxyl radical, generated by a mixture which contains Fe^{3+} , ascorbate and H_2O_2 in the presence of a small amount of EDTA. If the resulted mixture is heated in acid conditions, the malondialdehyde is formed, which can be detected by its ability to react with thiobarbituric acid (TBA), forming a rosy chromogen. Any compound added to the reactional mixture and able to react with OH will compete with deoxyribose for this radical, thus diminishing the degradation of this sugar and MDA formation. This method measures the combination of two factors: the ability in removing iron ions from deoxyribose and the ability in turning such ions inactive or poorly active for OH generation (Halliwell et al., 1987).

The obtained results of antioxidant action for different methods (independent of action mechanisms) is similar to EAF regarding the reduction of free radicals. The presented antioxidant mechanisms may occur in parallel in all systems (although a mechanism can be predominant for some assay), or this may be determined by the chemical structure or solubility of the substances. These discussions recommend that only one antioxidant assay is enough to quantitatively detect or precisely determine the potential of an extract or fraction. Based on this information, it is plausible to infer that EAF is an efficient antioxidant, as it had more activity compared to the other fractions, and that its use should be investigated for the isolation and identification of substances present in it. This work provides a general vision of the several assay methods for antioxidant activity / capacity which are used to measure the non-enzymatic potential in food complex / biological matrices, including the general characteristics, comparisons and correlations of these methods.

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Conflict of interest

The authors declared no conflict of interest.

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African Journal of Pharmacy and Pharmacology

Full Length Research Paper

Evaluation of the cicatrizant activity of a semisolid pharmaceutical formulation obtained from Platonia insignis Mart.

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The use of natural products for skin treatments has been increased. Mainly, those of topical action incorporated to pharmaceutical forms, since they allow the restoring of skin integrity after possible attacks. In this context, the plant Platonia insignis Mart has been widely used for the treatment of various skin diseases and as wound healing medicine in folk medicine. The aim of this study is to evaluate the wound healing activity of a cream formulated containing triglyceride isolated from P. insignis Mart called 1,3-distearoyl-2-oleoylglycerol (TG1) in skin lesions induced in Wistar rats by macroscopic and histological analysis of the wounds. The animals were randomly divided into 5 groups according to the treatment to be performed. The negative control received saline solution, the positive control received collagenase and the other groups received cream containing the triglyceride at concentrations of 5, 10 and 15%. The results showed effectiveness in the healing of wounds through reduction of their diameter compared to negative control. Histological analysis demonstrated the inflammatory and proliferative phenomena of healing in wounds of rats. The cream with TG1 in three concentrations demonstrated efficacy in wound healing, as evidenced by macroscopic and microscopic analyses of lesions in Wistar rats. Based on this, a further development of phytomedicines for wound care is suggested.

Key words: Cutaneous wounds, healing, Platonia insignis.

INTRODUCTION

Natural products from plants, animals and

microorganisms are a huge source of different chemicals

that can be used by pharmaceutical industries for production of medicines (Ogbourne and Parsons, 2014; Fonseca et al., 2014). Bioactive substances, such as alkaloids, steroids, glycosides, saponins, tannins and flavonoids present mainly in plants, are potential therapeutic agents that can help in wound healing (Adiele et al., 2014; Kuntal, 2013). The healing process involves migration of inflammatory cells, synthesis of granulation tissue, deposition of collagen and proteoglycans and scar maturation, being associated with intense refurbishment. The search for treatments using medicinal plants as a healthier lifestyle alternative has led to complementary medicine to be used as alternative to treat wounds (Mukherjeea et al., 2013; Furumoto et al., 2014; Santos et al., 2006). In this context, the plant Platonia insignis Mart has been widely used in treatments of several dermatoses and as a preparation for healing wounds in folk medicine. This species, popularly known as "bacurizeiro", is a monotype vegetal belonging to the Clusiaceae family. It is a fruit tree species and timber found in the Northeast region of Brazil, mainly in the states of Piauí and Maranhão. Its seeds are used in the processing of oil or "bacuri lard". Recent studies have shown the effectiveness of the oil from seeds in increasing the healing process of skin wounds in rats (Souza et al., 2013; Moura et al., 2007; Santos et al., 2013; Clerici et al., 2011).

Given the growing use of natural products for dermatological treatments, the topical action incorporated in dosage forms should be highlighted because they allow the restoration of skin integrity after possible attacks (Karodi et al., 2009). Thus, the semi-solid pharmaceutical formulations using a natural and typical product as active principle may be an alternative for caring of local population. In addition, it may contribute to the regional flora valorization showing its economic and biological potential. In this scenery, the aim of this study was to evaluate the wound healing activity of a formulated cream containing TG1 (1,3-distearoyl-2-oleoylglycerol) (Figure 1) in skin lesions of Wistar rats by macroscopic and histological analysis.

MATERIALS AND METHODS

Plant

The seeds were obtained from fruits in the city of Barras, Piauí, Brazil, in March 2013. A voucher specimen was deposited in the Herbarium Graziella Barroso of Federal University Piauí (UFPI), N° ICN TEPB 27,164.

Extraction and isolation of TG1

The P. insignis seeds were dried at 55°C and powdered, yielding 848 g, and then extracted with hexane in Soxhlet for 8 h. The extract was concentrated in vacuum rota evaporator (534.24 g, vield 63%) and stored at 8°C. A formation of a white precipitate was observed, consisting of TG1. The white precipitate was fractionated by chromatography over Si gel, using n-hexane-EtOAc (19:1) yielded TG1. Its spectra of NMR ¹H NMR (Figure 2), ¹³C NMR (Figure 3), DEPT 135 (Figure 4), COSY (Figure 5) and HMBC (Figure 6) were obtained for identification of TG1: C₅₇H₁₀₈O₆. NMR spectra description of ¹H is 13C NMR (CDCI3, ppm, 125 MHz): $\delta_H =$ 5.45-5.35 (4H, m, -CH-CH-), 5.30-5.28 (1H, m, -CH₂-CH-CH₂-), 4.34-4.30 (2H, dd, -CH2-CH(O)-CH2-), 4.19-4.15 (2H, dd, -CH2-CH(O)-CH2-), 2.35-2.31 (6H, t, -C=O)-CH2-CH2-), 2.04-1.96 (4H, m, =CH2-CH2-), 1.65-1.62 (6H, m, -C(=O)-CH2-CH2-), 1.32-1.29 (nH, m, -CH₂-), 0.92-0.89 (9H, t, -CH₃). NMR spectra description of 13 C is 13 C NMR (CDCl₃, ppm, 500 MHz), δ_{C} = 173.31(C-1, sn 1,3); 172.87 (C-1, sn 2); 34.06 (C-2, sn 1,3); 34.21 (C-2, sn 2); 24.88 (C-3, sn 1,3); 24.88 (C-3, sn 2); 29.22 (C-4, sn 1,3); 29.14 (C-4, sn 2); 29.50(C-5, sn 1,3); 29.50 (C-5, sn 2), 29.35 (C-6, sn 1,3); 29.35 (C-6, sn 2); 29.70 (C-7, sn 1,3); 29.70 (C-7, sn 2); 29.72 (C-8, sn 1,3), 29.72 (C-8, sn 2); 29.72 (C-9, sn 1,3); 129.69 (C-9, sn 2); 29.72 (C-10, sn 1,3); 130.03 (C-10, sn 2); 29.72 (C-11, sn 1,3); 29.72(C-11, sn 2); 29.72 (C-12, sn 1,3); 29.72 (C-12, sn 2); 29.38 (C-13, sn 1,3); 29.38 (C-13, sn 2); 31.94 (C-14, sn 1,3); 31.94 (C-14, sn 2); 22.71 (C-15, sn 1,3); 22.71 (C-15, sn 2); 31.94 (C-16); 22.71 (C-17); 14.13 (C-18); 68.88 (C-2, CHO); 62.10 (C-1 and 3, CH₂O).

Cream preparation formulation

The emulsions developed were O/A type in the pharmaceutical form of creams. It was chosen a nonionic-base cream that allows the vehicle general cosmetic principles (Brazil, 2011). To prepare the nonionic basic cream, the emulsion components were separately weighed on an analytical scale and classified into two distinct phases: aqueous phase and oil phase. The oil and aqueous phases were heated at 80 and 85°C in two beakers, respectively. Subsequently, the internal phase (oil) was poured under the external phase (aqueous) under stirring, and the product was taken from heating. After cooling, with moderate stirring, the preservatives were added at approximately 40°C to reach the room temperature. The base was then homogenized. The cream-based active TG1 were initially weighed 2.5, 5 and 7.5 g of TG1 in order to acquire the formulations at concentrations of 5, 10 and 15%. The active was slowly incorporated to the base under constant homogenization, using an adjuvant (propylene glycol).

Animals

A total of 50 adult male and female Wistar rats $(250 \pm 50 \text{ g})$ were used in this study. Animals were kept in well-ventilated cages (Alesco, São Paulo) under standard conditions of light (12 h with alternative day and night cycles) and temperature (24 ± 1°C), and they were housed with access to commercial rodent stock diet (Nutrilabor, São Paulo, Brazil) and water *ad libitum*. The

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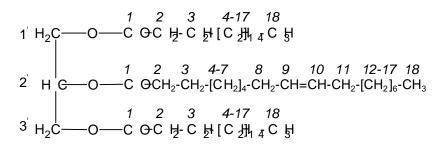


Figure 1. Chemical structure of TG1.

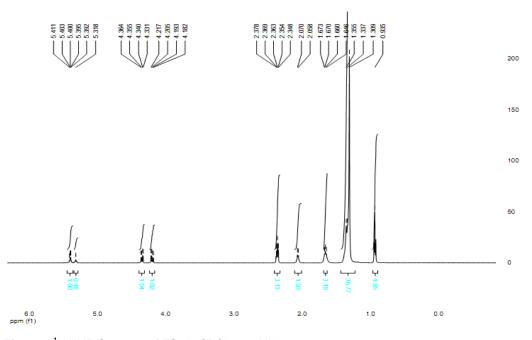


Figure 2.¹H NMR Spectrum of TG1 in CDCl₃, 500 MHz

investigational protocols were approved by the local Ethical Committee on Animal Research at Federal University of Piauí (078/2012). Animals were randomly divided into 5 groups according to the treatment (n = 10 rats/group) (Figure 7).

Procedure for injury obtaining

After intraperitoneal anesthesia of the rats with sodium pentobarbital (40 mg/100 g), it was performed trichotomy and epilation in the dorsal region, removing skin circular diameter of 4 mm with the aid of a punch (tool provided with a circular cutting surface) to expose the dorsal muscle fascia. Afterwards, animals were put back in their cages and treated with the samples (Figure 7) observed daily for the 7th, 14th and 21st days.

Wound care

The wounds were treated with a bandage, which were composed of gauze (first layer) and crepe bandage (second layer), and evaluated. The treatment was topically administered in the injured

area once a day during 14 days. The wounds were cleaned with 0.9% saline every new application (Santos et al., 2002; Rahal et al., 2011). Furthermore, in order to avoid interference with wounds regarding a possible cross contamination, the autoclaving of wood shavings was carried out daily. This procedure improves asepsis and reduces friction of animals inside cages.

Macroscopic evaluation of skin lesions in rats

Treated animals were monitored daily and observed for the repair of the lesion. The observed parameters were changes in the presence or absence of edema, exudate and crust, and wound color. Digital photographic of the wound were recorded during treatments. In addition, the lesions were measured with analogical caliper in 7th, 14th and 21st day of treatment.

Histological evaluation of skin lesions in rats

A rectangular skin fragment (0.5 cm × 2.0 cm) from the back of each animal was dried. Each segment contained an injured central

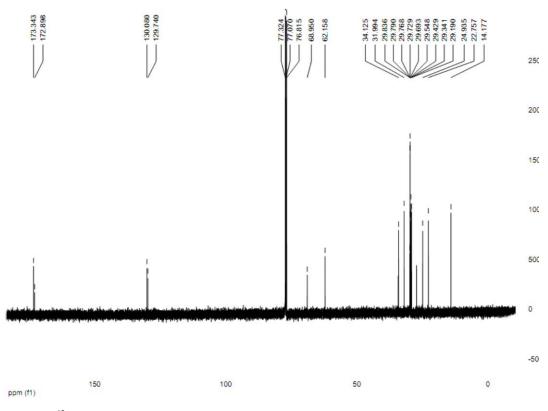


Figure 3. ¹³C NMR Spectrum of TG1 in CDCl₃, 125 MHz

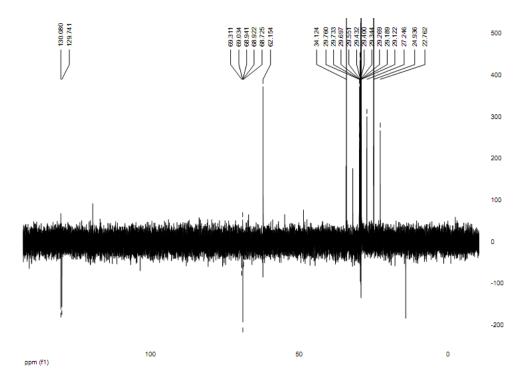


Figure 4. DEPT 135° Spectrum of TG1 in CDCl₃, 13C NMR (CDCl3, ppm, 125 MHz) MHz.

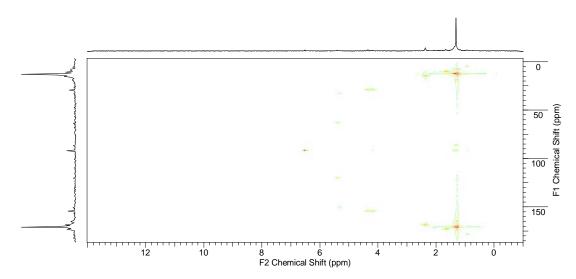


Figure 5. HMBC Spectrum of TG1 in CDCI₃, 500 MHz.

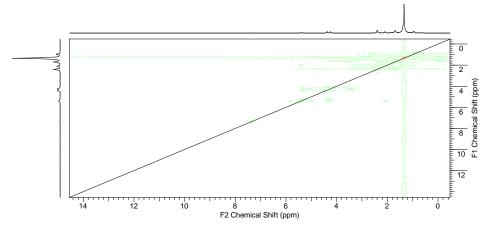


Figure 6. ¹H-¹ H COSY Spectrum of TG1 in CDCl₃, 500 MHz.

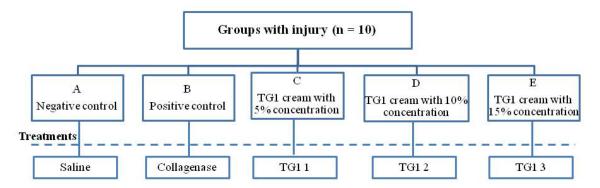


Figure 7. Distribution of the experimental groups for evaluation of cutaneous wound healing in rats.

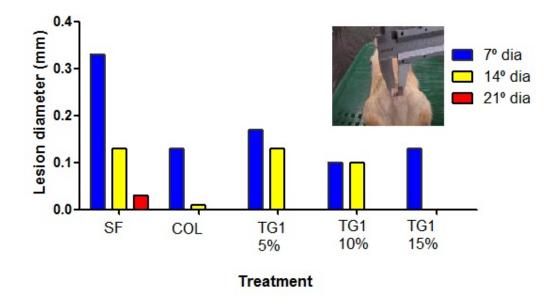


Figure 8. Diameter of skin lesions in animals on the 7th, 14th and 21st days of treatment with cream containing TG1 (1,3-distearoyl-2-oleoylglycerol).

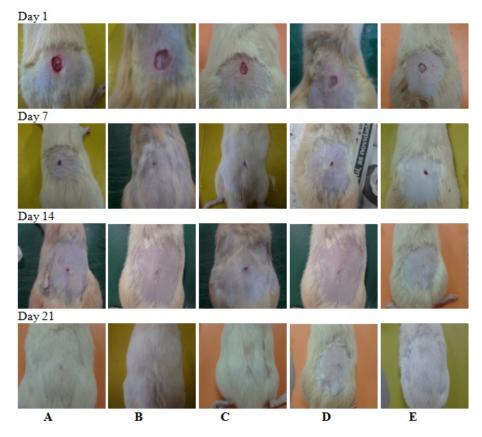


Figure 9. Macroscopic analysis of the cutaneous lesions of animals after 1, 7, 14 and 21 days of daily treatment. Legend - A: Treatment with collagenase; B: Treatment with saline; C: Treatment with cream containing 5% TG1; D: Treatment with cream containing 10% TG1, E: Treatment with cream containing 15% TG1.

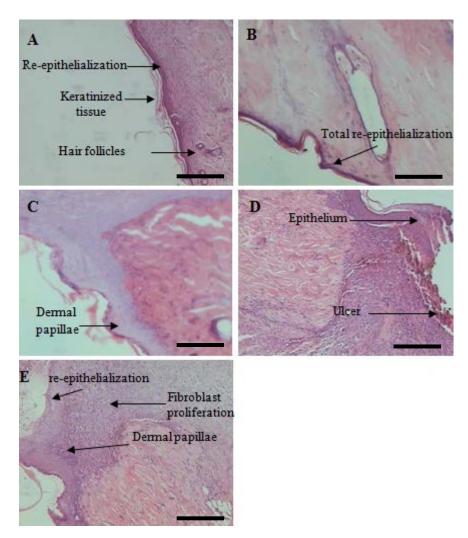


Figure 10. Histological analysis on the 7th day of treatment of skin wounds in rats. Legend - A: Saline; B: Collagenase; C: Cream with 5% TG1, D: Cream with 10% TG1 and E: Cream with TG115%. Hematoxylin & Eosin staining (H&E, Scale bar, 10 μ m). Magnification, 100 x. One representative experiment with n = 5 is shown.

area and a non-injured peripheral area of skin to serve as controls for 7 days, 14 and 21 days of treatment (Coelho et al., 2010). All skin lesion samples obtained were fixed in formalin and sent for histological preparation at the State University of Ceará (UECE). The analysis was performed under optical microscope at (100x magnification) in order to observe inflammatory and healing processes such as: presence of granulation tissue, vascular proliferation, acute and chronic inflammation, presence of collagen and re-epithelization.

Statistical analysis

Statistical analyses were performed with the Graph Pad Prism software, version 5.0 (San Diego, CA, USA). Results are expressed as mean ± standard error of mean (SEM). Data were analyzed by analysis of variance (ANOVA) followed by Student-Newman-Keuls.

Differences were considered statistically significant when p < 0.05.

RESULTS

Macroscopic evaluation of skin lesions, the groups that received collagenase (positive control) and cream in three concentrations showed wounds with about 0.1 to 0.2 mm in diameter, while the group that received saline had lesions with about 0.3 mm in diameter (Figure 8). Thus, it was noted that on the 7th day of treatment with collagenase and cream preparations (5, 10 and 15%), the wounds presented smaller diameters when compared with the group treated with saline only (negative control). The macroscopic lesions of rats treated with saline

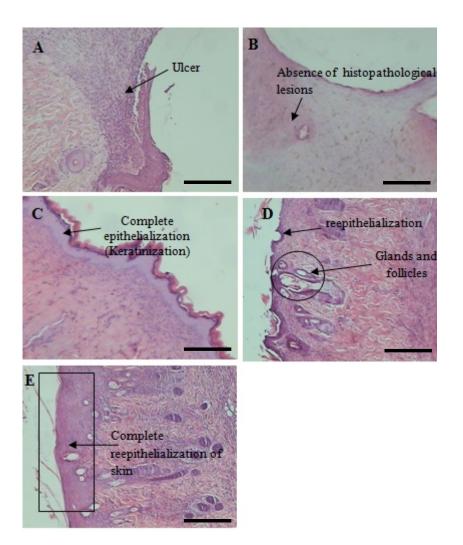


Figure 11. Histological analysis of the 14th day of treatment of skin wounds in rats. Legend - A: Saline; B: Collagenase; C: Cream with 5% TG1, D: Cream with 10% TG1 and E: Cream with 15% TG1. Hematoxylin & Eosin staining (H&E, Scale bar, 10 μ m). Magnification, 100x. One representative experiment with n = 5 is shown.

(negative control), collagenase and cream in three concentrations allowed realizing evolution of the tissue repair. The groups treated with collagenase and cream in a concentration of 5% did not show edema or hemorrhage in the lesion. The groups treated with saline and cream in concentrations of 10 and 15% showed edema and purulent secretion on the 7th day of treatment. After a week of administration, there was formation of browning crust in the majority of groups. There was no evidence of granulation during the evaluations (Figure 9). Figures 8 and 9 indicate that increasing concentration of cream accelerates the healing process, since decreased wounds compared to the three concentrations were noted. This supports the cream effectiveness on the wound healing. In the concentration of 15%, it was observed the absence of injury on the 14th day of treatment; a similar outcome was obtained with the positive control. The analysis of scar diameter revealed early lesion reduction on the 7th day (Figure 10).

Histological analysis on the 14th day of treatment with TG1 showed better results compared with the 7th day. It was possible to observe healing with formation of dermal papillae and hair follicles and total reorganization of collagen with a keratinized and recovered epithelium in the area where previous injury had been done (Figure 11). On day 21 of treatment with cream TG1 (Figure 12) total histofunctional restructuring with angiogenesis and

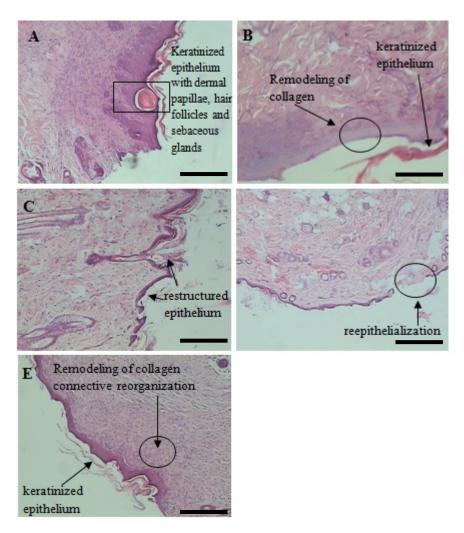


Figure 12. Histological analysis of the 21st day of treatment of skin wounds in rats. Legend - A: Saline; B: Collagenase; C: Cream with 5% TG1; D: Cream with 10% TG1 and E: Cream with 15% TG1. Hematoxylin & Eosin staining (H&E, Scale bar, 10 μ m). Magnification, 100x. One representative experiment with n = 5 is shown.

absence of inflammatory foci and edema was observed.

DISCUSSION

The assessment of the characteristics that the active ingredient incorporated into the base in semisolid pharmaceutical has fundamental importance in the process of wound healing in rats. It allows the verification of the feasibility of the planned formulation for use in other pharmacological models and preclinical trials. Mice and rats are routinely used as an experimental tool to study novel bioactive medicines and healing remedies (Surey et al., 2014; Fernandes et al., 2014; Sá et al., 2012; Magalhães et al., 2010). The Wistar rats were chosen for this study for being small, easy to purchase and due to the standardization concerning age, weight, sex, food, accommodation, cleaning care and experimental manipulation. They have also good resistance to handling, surgical injury and infections (Santos et al., 2006).

Monitoring of histological attributes, the identification of cellular elements and the content of collagen production are parameters usually used for wound healing studies (Rawat et al., 2012; Akela et al., 2012). Thus, histological analysis of groups treated with the cream of TG1 allowed realizing effective healing of the skin lesions. It is noteworthy that the response to tissue injury, whether traumatic or surgical, is composed of three phases: the inflammatory phase, the proliferative phase and remodeling phase, all aiming at the definitive tissue repair. The inflammatory phase may take 24 to 48 h and consists of hemostatic mechanisms. The following steps are related to collagen production and tissue remodeling (Guo and Dipietro, 2010). Thus, it is possible to realize a principle of re-epithelialization on the 7th day of treatment of wounds with cream containing TG1. A study with different extracts of *Martynia annua* Linn leaves demonstrated wound healing in rats. It showed fibroblast proliferation, collagen maturation and epithelialization in the histological analyses, which corroborate to the results of this study (Santram and Singhai 2011).

Other studies also showed intense healing on day 14 of treatment. The treatment of induced diabetic wounds in rats with the flavonoid fraction of leaves of *M. annua* Linn demonstrated organization of collagen fibers, fibroblasts, and increased angiogenesis. The use of crude extract of *Jatropha gossypiifolia* L. also showed intense fibroblastic proliferation and epithelialization on the 14th day (Santos et al., 2006; Santram and Singhai 2013). It is noteworthy that the last phase of tissue repair process (maturation phase) is characterized by endothelial regression. On the 21 day of treatment, there was continuous process of reepithelialization of the injured area with keratinization in all groups, promoting the corneum stratum, primarily composed of keratin, a protein responsible for the skin impermeability (Garros et al., 2006; Moura et al., 2014).

The angiogenesis is a process of proliferative phase in which new blood vessels are formed and involves the migration and proliferation of endothelial cells. Topical treatment with substance P (a neuropeptide produced by both neuronal and immune cells) in skin wounds of rats allowed realizing effective wound healing with increased fibroblast proliferation, angiogenesis and collagen deposition (Kant et al., 2013). Therefore the treatment with cream containing TG1 in the three concentrations used demonstrated efficacy in wound healing. It was evidenced by macroscopic and microscopic analyses of lesions and wound retraction. Histological analysis showed healing morphological phenomena (intense fibroblast proliferation, angiogenesis and reepithelialization) with all doses tested. The present study showed a possible healing activity of the cream containing TG1, enabling the advanced development of phytomedicines.

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Conflict of interest

The authors declare no conflict of interest.

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Full Length Research Paper

Simple potentiometry and phenolphthalein-based titrimetric methods of analysis for Lisinopril tablets

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A colour indicator-based assay was developed and validated for the quantitative analysis of Lisinopril in tablet in aqueous medium. The proposed procedure involved a reaction between the acidic functional group (COOH) of Lisinopril drug and standardised aqueous sodium hydroxide. The method involved dissolution of powdered Lisinopril tablet in water followed by filtering; the obtained filtrate was titrated with aqueous sodium hydroxide, and the end point was determined using phenolphthalein as indicator. The method which was applicable over a concentration range of 0.2 to 1.12 mg/ml gave an inter-day percentage of relative standard deviation (%RSD) of 0.11 to 1.67, while that of intra-day was 0.27 to 1.72 across the different concentrations used for the determinations. Similarly, the percentage of relative error (%RE) were 0.38 to 2.58 and 0.38 to 2.60 for the inter-day and intra-day assays, respectively. This indicates good accuracy and precision for the method. Furthermore, water soluble excipients did not interfere with the end point determination. Slight modification of the method involving potentiometrically determining the end point using glass calomel electrode system gave similar results. The application of both methods; potentiometry and phenolphthalein indicator-based to the chemical content assay of nine different brands of Lisinopril tablets showed no statistically significant difference between the two methods.

Key words: Lisinopril, phenolphthalein-based assay, titrimetry, potentiometry.

INTRODUCTION

The prevalence of hypertension in Nigeria and Africa is put at 12.4 to 34.8% in the south western part of Nigeria as at 2009 (Ekwunife and Aguwa, 2011) with the prevalence increasing with age (Hall, 2006; Ulasi et al., 2011). It is also the most common cause of hospital admissions in Nigeria (Kolo et al., 2012; Ukoh, 2007; Ike, 2009). The chronic nature of hypertension requires that the therapeutic objective should be dependent on dosage regime and duration of therapy. Effective management of most chronic diseases like hypertension is strongly influenced by the assurance of the quality drugs used in such disease conditions.

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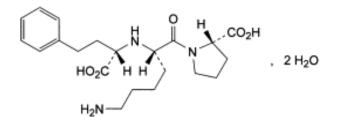


Figure 1. Lisinopril dehydrate.

Quality assurance of drugs depends on maintaining established quality standards based on standardized laboratory tests; physical, chemical, biopharmaceutical and biological procedures. This could be achieved for pharmaceutical products by concise determination of its chemical contents through classical (titrimetry, electrochemistry gravimetry, colourimetry, and polarography) and instrumental methods (spectrofluorometry, spectrophotometry, mass spectrometry and chromatography) (Olaniyi, 1993). An important step in the assessment of quality of drug product is the determination of chemical content of such products. A highly sensitive procedure for detecting variations between different batches of pharmaceutical products to ensure uniformity and consistency among drug batches is an essential component of quality control of drug products.

A major setback in the quality control of pharmaceutical products in developing countries is the unavailability of analytical equipments, unskilled personnel and inadequate infrastructures (Jegede, 1998). This has led to distribution of fake, substandard and poor quality drug products.

Lisinopril (2*S*)-1-[(2*S*)-6-Amino-2-[[(1*S*)-1-carboxy-3phenylpropyl] amino] hexanoyl] pyrrolidine-2-carboxylic acid dihydrate (Figure 1) is a lysine analogue of enalaprilat, the active metabolite of enalapril, which exist as a dihydrate salt. It is a long-acting, dicarboxylcontaining angiotensin-converting enzyme (ACE) inhibitor (Widimsky, 2009).

Lisinopril dihydrate is an important member of the angiotensin converting enzyme inhibitors (ACEIs) class of drugs used as first line drug in the management of hypertension and congestive heart failure; they act by reducing peripheral vascular resistance and blood volume (Hall, 2006; El Gindy et al., 2001).

The official method for the chemical content determination of pure Lisinopril dihydrate involves the use of potentiometry and high performance liquid chromatography (HPLC) (British Pharmacopoeia, 2009; United States Pharmacopoiea, 2000). Furthermore, various analytical techniques have been reported for the tablet dosage form, these includes spectrophotometry (Asad, et al., 2005; El- Yazbi et al., 1999; El-Gindy et al., 2001; Stanisz, 2004; Dinc et al., 2013; Shinde et al., 2007; Ahmed Ali and Elbashir, 2012; Devi et al., 2003;

Fawzy et al., 1999; Čakar and Popović, 2012), liquid chromatography (El-Gindy et al., 2001; Fawzy et al., 1999; United States Pharmacopoiea, 2000; Ali et al., 2004; Sagirli and Ersoy, 2004; Ivanovic et al., 2007; Japanese Pharmacopoeia, 1993), gas chromatography (Avadhanutu and Pantulu, 1993), spectrofluorometry (El Gindy et al., 2001; El- Yazbi et al., 1999; Jamakhandi et al., 2010; Esra et al., 2003; Constantinos et al., 2004), derivative spectrophotometry (Abdel-Razak et al., 2003), and polarography (Abdel-Razak et al., 2003; El-Enany et al., 2003), capillary electrophoresis and fluoroimmunoassay (Gotti et al., 2000; Yuan and Gilbert, 1996).

Most of these methods are sophisticated, costly, tedious, time consuming, and or require certain reagents, equipments as well as skilled personnel which may not be easily available in many developing countries where prevalence of hypertension is on the increase. This may result in inadequate control of the quality of the drug compound with the accompanying therapeutic failure, which may lead to patients developing complications that may be life threatening and even fatal.

Guidelines for global standardization and requirements for the registration, assessment, marketing, authorization and quality control of drug products have been issued by WHO Report (1996). However, many developing countries do not have the technical, financial, or human resources required to monitor the quality of drug products being distributed within their regions. Hence, the need for a simple, rapid, economical and selective method, that can easily be used for routine field assessment of the quality of Lisinopril.

This study was aimed at developing a simple, fast, sensitive and cost effective method for the determination of Lisinopril in raw and pharmaceutical formulations, which can compare favourably with official methods. The method was applied to the analysis of nine brands of Lisinopril tablets.

MATERIALS AND METHODS

Average weight determination

The average weight and percentage deviation of the Lisinopril dihydrate tablets (Zestril[®]) brand was determined according to the official method (British Pharmacopoeia, 2009).

Isolation of pure Lisinopril dihydrate (2° Standard) from tablets

Fourteen Lisinopril tablets were powdered, transferred into an extraction tube and extracted with methanol. The solution was decanted, filtered and dried under nitrogen gas; the dried residue was recrystallised using chloroform-methanol (1:1, v/v).

Pure Lisinopril powder obtained was dried under nitrogen gas. The identification of the recrystallised Lisinopril was determined using melting point (Stuart apparatus, England), thin layer chromatography (TLC) (Silica gel GF254 using butanol: ethylacetate: glacial acetic acid: water [5:5:5:5] as mobile phase), infrared (Buck, England), ultraviolet-visible spectrophotometry (Pye Unicam, Stoke, England) (British Pharmacopoeia, 2009) and high performance liquid chromatography (Agilent series 1100, Waldbronn, England) (Japanese Pharmacopoeia, 1993). Assay of the pure Lisinopril (2° Standard) was determined using potentiometry (British Pharmacopoeia, 2009) and HPLC (Japanese Pharmacopoeia, 1993).

Development of new titrimetric assay techniques

Colour indicator based technique using phenolphthalein indicator

Pure Lisinopril dihydrate (2° Standard): pure Lisinopril powder (25 mg) dissolved in distilled water (25 ml) was titrated with NaOH (0.01 M); the end point was determined using phenolphthalein solution (1%) as indicator with colour change from colourless to pink.

Lisinopril tablet in the presence of excipients: powdered Lisinopril tablet (Zestril[©]) (equivalent to 25 mg pure Lisinopril) was dissolved in 25 ml of distilled water with shaking. Few drops of phenolphthalein indicator were added and the mixture was titrated with NaOH (0.01 M), and the end point was determined by the change in colour from colourless to pink. Triplicate assay was carried out.

Lisinopril tablet in the absence of excipients: powdered Lisinopril tablet (Zestril[®]) (equivalent to 25 mg pure Lisinopril) was dissolved in 25 ml of distilled water with shaking. The mixture was filtered before titration with NaOH (0.01 M); the end point was determined using phenolphthalein indicator with colour change from colourless to pink. Triplicate assay was carried out.

Using methyl orange indicator

The above procedure for pure Lisinopril and powdered tablet was repeated using methyl orange indicator.

Potentiometry technique

Lisinopril dihydrate pure (2° standard): the pure procedure for pure Lisinopril was repeated but the end point was determined potentiometrically (British Pharmacopoeia, 2009). Triplicate assay was carried out.

Lisinopril tablet: Lisinopril tablets (in the presence and absence of excipients) was repeated, but the end point was determined potentiometrically (British Pharmacopoeia, 2009). Triplicate assay was carried out.

Validation of the selected method

Calibration curve: Lisinopril pure powder; 5, 12 and 28 mg were weighed and dissolved in 25 ml of distilled water, giving 0.2, 0.48 and 1.12 mg/ml solution, respectively. Few drops of phenolphthalein solution (1% w/v) used as indicator was added to each solution and titrated with 0.01 M NaOH. The end point was determined by the colour change from colourless to pink. Triplicate assay was carried out at the different concentration.

A calibration curve was generated using a graph of mean end point volume (MEPV) of the titrant (ml) against the corresponding concentration (mg/ml) of Lisinopril. The regression line equation and correlation coefficient was obtained from the curve. A three-day recovery study was done and the accuracy and precision were determined.

Application of the method to nine brands of Lisinopril tablets

Average weights of nine brands of Lisinopril tablets procured from retail pharmacies were determined. The presence of Lisinopril dihydrate was determined using TLC. The amount of Lisinopril in each brand was determined using the calibration curve as following.

Colour based titrimetric technique: powdered Lisinopril tablet equivalent to 25 mg pure Lisinopril was dissolved in 25 ml of distilled water with shaking. The mixture was filtered before titration with NaOH (0.01 M); the end point was determined using phenolphthalein as indicator. Triplicate assay was carried out.

Potentiometry technique: powdered Lisinopril tablet equivalent to 25 mg pure Lisinopril was dissolved in 25 ml of distilled water with shaking. The mixture was filtered before titration with NaOH (0.01 M), and the end point was determined potentiometrically. Triplicate assay was carried out.

HPLC assay method: test solutions (equivalent pure Lisinopril, 0.2 mg/ml) and internal standard (caffeine, 0.05 mg/ml) were prepared in distilled water. Chromatographic analysis was performed as earlier described. The peak areas, peak heights and retention times were measured and the percentage content of the Lisinopril was calculated with reference to the internal standard (Japanese Pharmacopoeia, 1993).

Statistical analysis

Students' t-test and one-way analysis of variance (ANOVA) was used for the statistical analysis, p < 0.05 was taken as the significant level.

RESULTS

The extracted Lisinopril dihydrate (2° standard) gave a melting point of 160 to 162°C with λ_{max} 209 nm (Figure 2), prominent infra red bands at 1376.50, 1461.84, and 2724.15 cm⁻¹ using KBr disc (Figure 3) and a single peak with retention time of 5.05 min with HPLC analysis, while caffeine internal standard was 17.39 min (Figure 4). Lisinopril dihydrate content was 99.40±9.06 and 102.88% w/w using potentiometry and HPLC procedures, respectively. The obtained value with the potentiometry complied with official specification of 98.5 to 101.5% w/w (British Pharmacopoeia, 2009), while that of the HPLC was slightly higher.

The colour based reaction using methyl orange as indicator could not determine the end point as there was no change in colour in all the determinations of the pure Lisinopril and tablet dosage forms. However, defined change in colour from colourless to pink was observed with phenolphthalein indicator at the end point which corresponds with the end point volume obtained with the potentiometric technique. The colour based titrimetric techniques using phenolphthalein indicator gave Lisinopril content of 97.14 \pm 1.83% w/w for the pure Lisinopril (2° standard).

Application of the procedures to tablet dosage form involving the use of one brand of Lisinopril tablet gave 110.10 ± 1.74 and $95.27\pm1.85\%$ w/w in the presence and

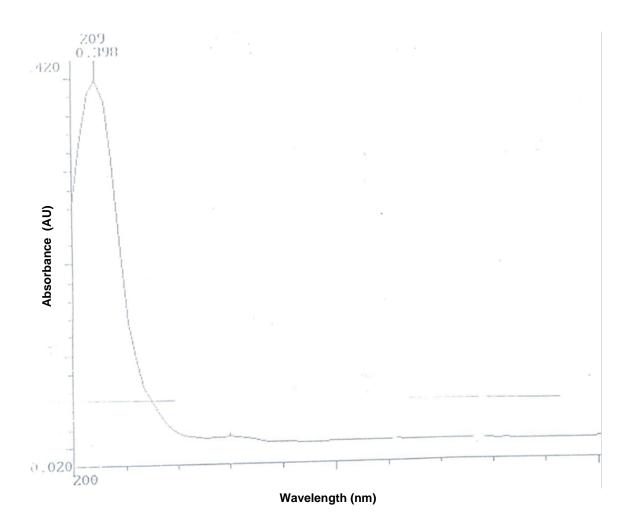


Figure 2. Ultraviolet spectrum of the pure Lisinopril dihydrate (2° standard).

absence of excipients, respectively using potentiometry, while the colour based titrimetry technique gave 115.22±9.06 and 99.35±9.02% w/w, respectively.

Validation of the proposed phenolphthalein based titrimetric procedure gave a calibration curve with linear response; y = 6.286x + 0.064 ($r^2 = 0.998$) (Figure 5). The inter-day relative standard deviation (%RSD) was 0.11 to 1.67, while that of intra-day was 0.27 to 1.72 across 0.2 to 1.12 mg/ml used for the determinations. Similarly, the percentage of relative error (%RE) were 0.38 to 2.58 and 0.38 to 2.60 for the inter-day and intra-day assays, respectively (Table 1).

The result of the application of the proposed procedures: potentiometry and phenolphthalein indicator based titrimetry and HPLC to nine brands of Lisinopril tablets is presented as shown in Table 2. The obtained results showed that there was no significant difference between potentiometry and phenolphthalein indicator based procedures (p = 0.6028), while the obtained values HPLC method were significantly higher than the potentiometry and phenolphthalein indicator based procedures (p = 0.0051 and 0.0075, respectively).

DISCUSSION

The absence of reliable drug quality control systems in many developing countries is a major contributor to the prevalence of fake and sub-standard drug compounds, which has accounted for treatment failures especially with chronic diseases such as hypertension, diabetes, etc. Multi-sourcing of drug compounds have long been implicated in the rising cases of distribution of fake and substandard drugs, especially in poor resourcedeconomies where access to appropriate quality control technologies are not available. Thus the need for simple, cost effective and reliable methods of assay for the quality control of drug compounds in developing countries cannot be over emphasised.

Lisinopril (an ACEI), is a first line drug in the management of hypertension and coronary heart diseases which is available in various brands as multisourced drug. The official methods and earlier reported methods involve the use of high technology equipments and procedures. Thus this study was carried out to proffer an alternative and equally reliable method assay

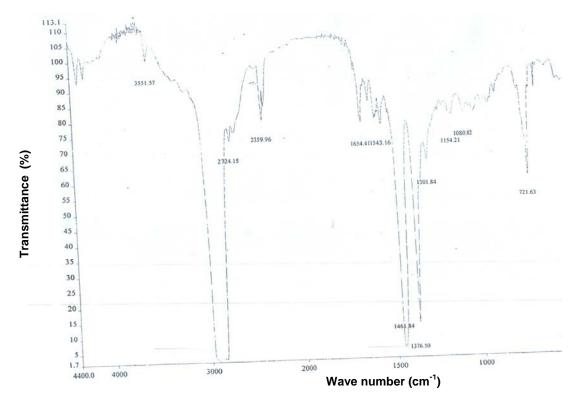


Figure 3. Infrared spectrum of the pure Lisinopril dihydrate (2 standard).

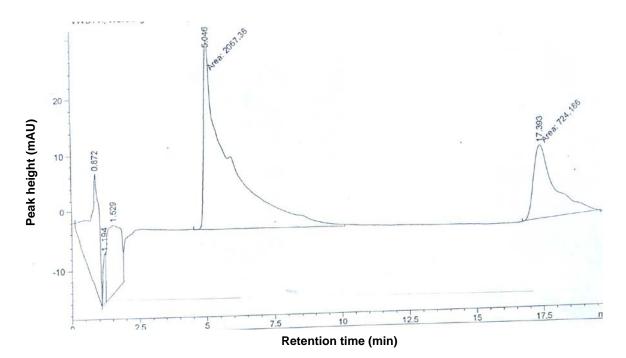


Figure 4. HPLC chromatogram of the pure Lisinopril dihydrate (2° standard) using caffeine as internal standard.

for Lisinopril tablets.

Physicochemical analysis of the Lisinopril pure powder (2° standard) extracted from the tablet gave melting point

of 160 to 162°C, λ_{max} of 209 nm and infrared bands which are characteristic of Lisinopril (Japanese Pharmacopoeia, 1993). The chemical content determination gave 99.40±9.06

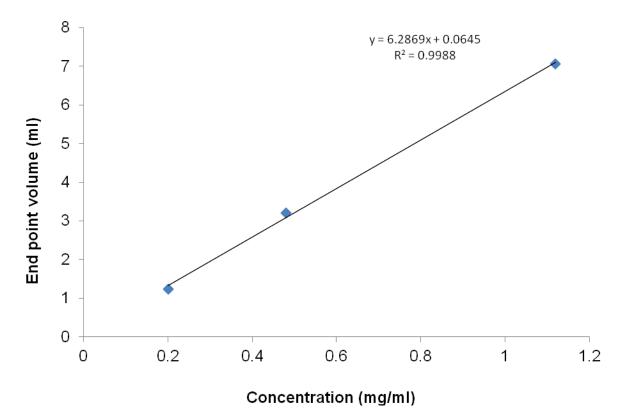


Figure 5. Calibration curve of Lisinopril dihydrate using phenolphthalein-based titration technique in aqueous medium.

Table 1. Inter-day and intra-day validation of the phenolphthalein indicator titrimetric assay method.
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Concentration (mg/ml)	Inter-day assay			Intra-day assay		
	% Recovery (Mean±SD)	%RSD	%RE	% Recovery (Mean±SD)	RSD	%RE
0.2	97.42±1.53	1.57	2.58	97.42±0.0030	1.54	2.60
0.48	99.03±1.65	1.67	1.37	99.14±0.0082	1.72	0.85
1.12	99.52±0.104	0.11	0.38	99.62±0.0030	0.27	0.38

and 102.88% w/w using the official potentiometric and HPLC methods, respectively. These results confirm the purity and suitability of the extracted Lisinopril as a secondary reference standard for this study.

Lisinopril, a common antihypertensive drug compound is an amphoteric compound, possessing both acidic and basic properties; it has two carboxylic acids in its structure which can ionise in basic medium. The reaction of these carboxyl groups with sodium hydroxide is the basis for the proposed assay technique, which is a slight modification of the official potentiometric method for pure Lisinopril dihydrate (British Pharmacopoeia, 2009):

 $2NaOH + C_{21}H_{31}N_3O_5 \rightarrow C_{21}H_{29}N_3O_5Na_2 + 2H_2O$

The modification involved filtering the tablet solution and the use of colour indicator to determine the end point. Titrimetric assay using colour indicator for the pure Lisinopril (2° standard) gave 97.14±1.83% w/w using phenolphthalein indicator with a colour change from colourless to pink, while the methyl orange did not show any colour change. This shows that methyl orange is not suitable for determination of the end point using this procedure.

Furthermore, the excipients were observed to interfere with the end point determination using the proposed potentiometry and colour indicator based methods, hence, the need to filter the solution before the assay. Thus, the procedure was repeated after filtration to remove the insoluble excipients.

Validation of the proposed methods showed consistency on a three-day assessment at the three different concentrations: 0.2, 0.48 and 1.12 mg/ml. A positive correlation of end point volume (ml) against concentration

	Chemical content (% w/w of labelled claim ± SD)					
Brand	Pr	Official method				
	Potentiometry	Colour indicator based titrimetry	(HPLC)			
А	98.30±8.48	98.80±4.25	111.30			
В	93.10±4.60	90.50±4.61	110.50			
С	101.70±7.80	101.70±1.74	112.60			
D	100.7±4.20	100.7±4.25	114.40			
Е	99.5±3.64	100.7±4.25	95.40			
F	100.7±4.20	98.8±4.25	105.00			
G	98.3±4.20	98.3±4.25	105.20			
Н	98.4±4.55	98.5±4.59	109.50			
I	99.7±3.44	100.4±2.76	102.40			

Table 2. Chemical content determination of Lisinopril in nine brands of Lisinopril tablets using potentiometry, phenolphthalein indicator and HPLC methods.

(mg/ml) obtained and coefficient of determination of 0.998 showed that the method is accurate and precise. The %RSD of 0.11 to 1.67 and 0.27 to 1.72 for inter-day and intra-day, respectively at 0.2 to 1.12 mg/ml range was used for the determinations. Similarly, %RE were 0.38 to 2.58 and 0.38 to 2.60 for the inter-day and intra-day assays, respectively. This showed that the methods gave good accuracy and precision.

Application of the proposed methods to nine other brands of Lisinopril tablets, whose content of Lisinopril had earlier been confirmed through TLC showed slight variations in the end point colour; five brands showed a colour change from colourless/white to pink, while one brand gave a colour change from peach to pink, and the remaining three showed variations in the colour changes. The change in colour though different was well defined in all the samples, could be attributed to differences in the formulations.

The chemical content ranged from 93.1 ± 4.60 to $101.7\pm7.80\%$ w/w for all the brands using the proposed potentiometric method, while the phenolphthalein indicator method gave 90.5 ± 4.61 to $101.7 \pm 1.74\%$ w/w. On the other hand, 95.4 to 114.4% w/w was obtained for the nine brands using an HPLC method (Japanese Pharmacopoeia, 1993) (Table 2). Statistical comparison of the proposed methods: phenolphthalein indicator based titrimetry and potentiometry, and HPLC, showed that there was no significant difference in the obtained results for potentiometry and colour indicator based titrimetry (p=0.6028), however, a significant difference was observed when compared with HPLC method (p<0.05).

The obtained results from this study are in agreement with another report on the use of titrimetric technique in the analysis of Lisinopril tablets using benzene: methanol (3:1) mixture as solvent (Basavaiah et al., 2010). However, the proposed method from this study is in aqueous medium which has a great advantage over the earlier titrimetric report because of the issue of solvent cost and safety with regards to benzene.

Titrimetric techniques involving the use potentiometry and colour indicator for the chemical content determination of some drug compounds; salbutamol (Pungal, 2013), hydroxyzine hydrochloride (Rajendraprasad et al., pheniramine maleate (United States 2013). Pharmacopoiea, 2000, Raghu et al., 2012), in pure and dosage forms have been reported. These methods were reported to exhibit very good correlation with instrumental methods in terms of accuracy, robustness and precision. In all the methods as observed in the current proposed methods, soluble excipients did not interfere with the determinations.

Although, the Lisinopril content of all the brands to which the proposed procedures were applied were within the official specification for tablets: 92.5 to 105.5% w/w (British Pharmacopoeia, 2009), the values obtained with the HPLC method was quite higher than the two methods. Furthermore, a similar trend was obtained with the nine brands in the proposed methods; Brand B gave the lowest chemical content, while Brand C gave the highest value (Table 2). Comparing the chemical content values obtained with HPLC method for the tablets with that of the pure Lisinopril showed a similar trend; the value obtained for the pure Lisinopril (2° standard) was higher than the official specification (British Pharmacopoeia, 2009).

This is a definite indication that the two proposed methods can be used to determine the chemical content of Lisinopril tablets.

Conclusion

The two proposed methods: potentiometry and phenolphthalein indicator based titrimetry, are simple, fast, cost-effective requiring minimal instrumental/ technological input and thus can be adopted for use in a poor resourced economy where appropriate sophisticated equipments and other infrastructures are inadequate.

Conflict of interest

The authors declared no conflict of interest.

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Full Length Research Paper

Stability and disinfecting proprieties of the toothbrush rinse of the essential oil of *Protium heptaphyllum*

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Protium heptaphyllum (PH) is rich in essential oil, has anti-inflammatory properties and has no toxic potential. However, data is unavailable about its antiseptic effect against bacteria that cause caries. This study aimed to evaluate the antiseptic effect of the toothbrush rinse of essential oil of PH as well as its chemical stability. The toothbrush rinse was prepared with 1% essential oil of PH. The minimum inhibitory concentration (MIC) of the essential oil and toothbrush rinse were evaluated against Streptococcus mutans (ATCC 25175[™]). The ex vivo study was double-blinded and randomised; the children were divided into three groups, each participating in a crossover design where all solutions (water, toothbrush rinse (1%) and chlorhexidine (0.12%) were used in all stages by different groups of children. The chemical composition of the essential oil and toothbrush rinse were analysed by gas chromatography coupled to mass spectrometry. The stability was evaluated at three time points. The essential oil and toothbrush rinse exhibited antimicrobial activity against S. mutans, MIC = 0.125 and 2.4 ug/ml. The toothbrush rinse showed the same effect as chlorhexidine on disinfecting the toothbrushes contaminated with mutans streptococci (pH = 57.3 \pm 5.3%; chlorhexidine 55.5 \pm 13.3%; water 39.4 \pm 5.8%; p > 0.05). Chromatographic analysis showed that the essential oil contained monoterpenes as a major component, and the toothbrush rinse possessed the same constituents as the pure essential oil, except for α -terpineol. Storage did not cause chemical degradation of the toothbrush rinse, but decreased the concentration of the chemical constituents. The toothbrush rinse of essential oil of P. heptaphyllum showed antiseptic properties and exhibited antimicrobial activity against mutans streptococci.

Key words: Mutans streptococci, *Protium heptaphyllum*, antimicrobial, monoterpenes, chemical composition, contamination of toothbrushes.

INTRODUCTION

Oral diseases such as caries and periodontitis in children

and adolescents have an impact on the quality of life of

these individuals (Paula et al., 2012; Gherunpong et al., 2004). Dental caries is a multifactorial disease following Keyes's trilogy, which is based on substrate (teeth), microorganisms and diet (Keyes, 1960; Kumarihamy et al., 2011). The frequency and times when these factors of Keye's triology interact determine the severity of the injury due to the effect of the acid on the mineral forming the tooth, resulting in the destruction of the tooth (Carounanidy and Sathyanaraynan, 2009). When left untreated, tooth decay can cause abscesses, pain and malocclusion as well as the loss of deciduous teeth (Kumarihamy et al., 2011).

There are more than 500 microbial species in the oral cavity (Paster et al., 2001). The tooth has an ideal environment for those species, and they live in synergism and antagonism in the biofilm in a form of homeostasis (Marsh and Devine, 2011). The primary microorganisms on the surface of the tooth belong to the mutans streptococci group, Streptococcus oralis, Streptococcus sanguinis, Streptococcus mitis and Streptococcus mutans (Carounanidy and Sathyanaraynan, 2009). The most common activities used to reduce the oral microbial load are brushing one's teeth with toothpaste, rinsing with mouthwash containing antiseptic solutions and dipping the brush in antiseptic solutions, such as chlorhexidine, xylitol and fluorine (Nelson-Filho et al., 2011; Subramaniam and Nandan, 2011; Efstratiou et al., 2007; Mehta et al., 2007). The latter is needed to avoid recontamination, mainly because the brush rinse reduces the degree of contamination but also because the residual pathogens remain active. To minimise contamination on a toothbrush, the disinfection process should be initiated immediately after it is unpacked, and a daily routine of applying antiseptics should be maintained to prevent the formation of bacterial biofilms (Neal and Rippin, 2003; Nascimento et al., 2012).

Antiseptic solutions are capable of preventing the adhesion of bacteria on the surface of the teeth and their subsequent colonisation; hence, they inhibit bacterial growth (Subramanian and Nandan, 2011). However, only a few studies of natural products in dentistry have been conducted, though these natural products have recently received more attention. The primary objective of those published studies was to find, identify and evaluate substances exhibiting antibacterial and antifungal activities (Santos et al., 2009).

A study by Santos et al. (2009) reports several plants used by a population for dental use, such as the pomegranate (*Punica granatum* L.), purple cashew (*Anacardium occidentale* L.), *juá* (*Zizyphus joazeiro* Mart), mint leaf (*Plectranthus amboinicus* (Lour) Sprengel) and mastic (*Schinus terebinthifolius* Raddi). These plants are used because they are known for their analgesic, antiinflammatory and wound healing activities (Santos et al., 2009). However, despite being used as a medicinal plant by many people, the majority of these plants have not yet been evaluated sufficiently in terms of their bactericidal activity. A study by Ramos et al. (2009) reported the use of essential oils and plant extracts, such as *S. mutans*, for inhibiting the growth of fungi and bacteria. Recently, our group reported the effectiveness of using a mouthwash containing guaco (*Mikania glomerata* Sprengel and *Mikania laevigata* Sch. Bip. ex Baker) to disinfect toothbrushes (Lessa et al., 2012).

The species Protium heptaphyllum (Aubl) March (Burseraceae family) is popularly known as putty or pitch black and is distributed in various regions of Brazil, such as the North, Northeast, Southeast and Midwest areas (Pinto et al., 2008; Vieira-Junior et al., 2005). In those regions, this species is popularly used for healing as well expectorant, anti-ulcerogenic and for an antiinflammatory (Vieira-Junior et al., 2005). The antinociceptive and anti-inflammatory activities of individual components of resin *P. heptaphyllum*, such as triterpenes α - and β -amyrin, were evaluated in animal models, which had been induced with periodontitis and gingivitis (Pinto et al., 2008).

In this study, we hypothesised that the essential oil extracted from the resin of *P. heptaphyllum* and the toothbrush rinse produced from the oil exhibited antimicrobial activity and that the formulation would be stable. However, the use of toothbrush rinse prepared with essential oil extracted from the resin of *P. heptaphyllum* for the disinfection of toothbrushes has not yet been evaluated. To improve the potential for clinical application of the *P. heptaphyllum* essential oil toothbrush rinse, a formulation was prepared, and its chemical stability was to evaluate the effect of the *P. heptaphyllum* essential oil toothbrushes and to evaluate the chemical stability of the formulation over 12 months.

MATERIALS AND METHODS

Plant

The stem exudate of the *P. heptaphyllum* (Aubl.) species was collected in Guriri, São Mateus, Espírito Santo, Brazil, in May, 2010. Voucher specimens of the samples were prepared for subsequent botanical identification in the herbarium of the University Vila Velha

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Table 1.	Experimental	design o	of the crossove	r study (n=7).
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Solutions	Week 1	Week 2	Week 3	Week 4	Week 5
Water	Group I		Group III		Group II
Rinse P. heptaphyllum 1%	Group II	Wash-out period	Group I	Wash-out period	Group III
Chlorhexidine 0.12%	Group III		Group II		Group I

- UVV (UVV / ES 1802).

Extraction of the essential oil

The extraction of the essential oil was performed using hydrodistillation, maintaining a minimum temperature required for boiling; the method used was based on that published by Skrubis (1982) and Ming et al. (1996), with modifications. The extraction process took two hours to complete. The hydrolate was kept in a dark environment at 4°C. The oily fraction was filtered using anhydrous magnesium sulphate. The oil was stored at 4°C in amber vials under critical cooling.

Preparation of essential oil toothbrush rinse P. heptaphyllum

The toothbrush rinse containing the essential oil of the species *P. heptaphyllum* was prepared by following the formulation methods of commercial mouthwashes, with modifications. Briefly, 10 g of essential oil were weighed and added to 10 ml polysorbate 20 (Vetec-Sigma-Aldrich, Duque de Caxias, Rio de Janeiro, Brazil), 2 g sucrose (Vetec-Sigma-Aldrich, Duque de Caxias, Rio de Janeiro, Brazil), 100 ml glycerine (dynamic, Diadema, São Paulo, Brazil) and ultrapure water (18 W, Elga Purifier) qsp 1,000 ml. The toothbrush rinse was separated into aliquots of 100 ml. One aliquot was submitted to microbiological assays and *in vivo* testing of disinfection, and the remaining aliquots underwent evaluation of stability and were stored at different temperatures and locations. The samples used to evaluate the biological activity were stored at 4°C until analysed.

Evaluation of *in vitro* antimicrobial activity of the essential oil toothbrush rinse and *P. heptaphyllum* against *S. mutans*

The antimicrobial activity analysis was performed as described by Zarai et al. (2011), with modification. The standard strain used was ATCC 25175 [™] S. mutans. We performed a serial dilution of the toothbrush rinse with a concentration range of 100 to 0.01 µg/ml to calculate the minimum inhibitory concentration (MIC) (Lessa et al., 2012). In total, 100 µl bacitracin sucrose broth (SB20), a selective enrichment broth (Davey and Rogers, 1984), 100 µl of the inoculum and 50 µl of the test solution were added to each well. As a positive control, we used 0.12% chlorhexidine solution (Periogard, Colgate, São Paulo, São Paulo, Brazil) and 10% dimethyl sulphoxide (Sigma, St. Louis, Mo., USA) as a negative control. We also evaluated the entire toothbrush rinse solution matrixes (without the addition of essential oil) in the presence of inoculum. The microbiological control solutions were also prepared by incubating the test solution in only SB20. The plates were sealed and incubated at 37°C for 48 h. After incubation, a 10 µl solution of methyl 3-(4,5-dimethylthiazol- 2-yl)-2,5-diphenyltetrazolium bromide (MTT, 5 mg/ml) (Sigma, St. Louis, Mo, USA) was added to each well and incubated for an additional 3 h. Subsequently, 100 μ l of an isopropanol solution acidified with 40 μ M HCl (Merck, Darmstadt, Germany) was added to solutions of the experimental and control treatments. The analysis was performed using a microplate reader (Reader-TP, Thermoplate) at 595 nm. The assay was performed in triplicate. The MIC was defined as the lowest concentration of the tested samples to inhibit visible growth of the microorganism tested.

Clinical trial for the use of *P. heptaphyllum* toothbrush rinse to disinfect toothbrushes

This research project was approved by the local Research Ethics Committee at the University of Vila Velha (CAAE Nº 03487312.2.0000.5064), and informed consent was obtained from parents or legal guardians. Children of a private school located in the city of Vitória (ES, Brazil) were preselected to participate in this study. Fifty subjects were included in this study, which consisted of both sexes, 2 to 5 years of age, who had complete primary dentition and were in good health. Children who were using antimicrobial mouthwash, who had used antibiotics in the last three months or who were not present in all phases of the study were excluded from the study. The inclusion criteria were that children should have mutans streptococci in their saliva. The presence of mutans streptococci in children was identified using the kit Dentocult® SM Strip mutans (Orion Diagnostica Oy, Espoo, Finland), which is specific for confirming the identity of this group of microorganisms in saliva (Lessa et al., 2012).

Children were randomly assigned to one of three groups, using a table of random numbers. The study consisted of a crossover design with a washout period of one week. The test was conducted in three stages, where the three solutions (sterile tap water, chlorhexidine 0.12% and toothbrush rinse of *P. heptaphyllum* 1.0%) were used in all stages, but each of them was rotated to a different group of children in each stage to minimise the occurrence of variables that could interfere with the results (Table 1). Shortly before the evaluation, the solutions were placed in individual plastic trigger spray bottles (Elyplast, São José dos Campos, SP, Brazil) under aseptic conditions, wrapped with aluminium foil and identified with numbers. The identity of each solution was only known by the person who prepared the solutions, who did not participate in any stage of the clinical experiment.

At each stage, the children received new toothbrushes with soft bristles and small heads (Infantil Leader Macia, Sanifil) that were properly coded. The children were subjected to tooth brushing, which was performed by a single professional without dentifrice in a position suggested by Starkey (1961), always following the same sequence. The brushing time was one minute, and time was kept with a standardised digital stopwatch (Lessa et al., 2012). After brushing, the toothbrushes were carefully rinsed in tap water, and the excess water was removed from the bristles by slightly beating the handle of the toothbrush against the edge of the sink. Then the practitioner suspended the toothbrushes in a vertical position with the head facing up and at a distance of, at most, 5 cm between the brush head and the bottle. Each solution was sprayed on the bristles five times, totalling approximately 0.5 ml per toothbrush (Lessa et al., 2012).

The toothbrushes were kept in a closed vessel for 4 h while drying, simulating the average interval between brushings (Warren et al., 2001). After drying, the toothbrushes were kept in 50 ml SB20 culture medium in an upright position with the bristles totally submerged in the culture medium; the toothbrushes were incubated for four days at 37°C. After the incubation time, aliquots from each tube were submitted for an analysis of bacterial viability. Three aliquots (100 μ l) of each tube were transferred to a 96-well plate, and 10 μ l solution of MTT (5 mg/ml) (Sigma Chemical, St. Louis, MO, USA) was added; the solution was subsequently incubated for an additional 3 h. The final procedure was identical to the one previously described in the *in vitro* study.

As an additional control, five toothbrushes were removed from their original containers and subjected to microbiological processing without being used. This procedure was performed to verify that the toothbrushes were not contaminated from the manufacturing process and industrial packaging (Nascimento et al., 2012).

Analysis of the chemical constituents

Analysis of the chemical constituents of the oil and the toothbrush rinse of *P. heptaphyllum* was performed using a gas chromatograph (Trace Ultra, Thermo Scientific®) coupled to a mass spectrometer (MS) (DSQII, Thermo Scientific®). The samples were separated using a capillary column DB-5 ms (30 m × 0.25 mm id × 0.25 microM®, J & W Scientific, Folson California, USA). The temperature program was initiated at 60°C and increased to 240°C by a temperature ramp of 3°C/min. The final temperature was maintained for 5 min. Helium gas was used with a constant flow rate of 1 ml/min. The injector temperature was maintained at 220°C, and the temperature of the interface (GC/MS) was maintained at 250°C. The mass detector operated by ionisation with electron impact (+70 eV) using the scan mode and was held at 35 to 450 m/z. The detector voltage was set to 1.6 kV. The samples were injected into the GC/MS in duplicate and diluted in hexane (2 mg/ml), and the injected volume was 2.0 ml. The identification of the substances contained in the oil was performed by comparing similarities between data obtained in this study with mass spectra obtained from the literature (Adams, 1995). The relative percentages of these compounds were calculated from the mean areas of the chromatograms obtained.

Evaluation of the stability of essential oil toothbrush rinse of *P. heptaphyllum* with respect to time and temperature

The aliquots of toothbrush rinse *P. heptaphyllum* were submitted to different treatments: (i) extract control (CE), where the toothbrush rinse was immediately extracted and analysed at the rate it was produced; (ii) storage under controlled temperature (A2), where the temperature remained between 18 and 23°C and relative humidity between 35 and 50% (the analysis was performed after two months of storage); (iii) negative control (NC), consisting of aliquots prepared and stored in a refrigerator for one hour at a controlled temperature (2 to 8°C); (iv) positive control (PC), where aliquots were subjected to 50°C in a double boiler for two hours; and (v) storage control at room temperature (18 to 23°C and relative

humidity between 35 and 50%). After these treatments, the samples were subjected to the extraction process consisting of adding 2 ml of hexane (high performance liquid chromatography (HPLC) grade), vigorously shaking and separating by centrifugation at 1588 \times *g*. The supernatant was removed from an aliquot of 100 ml and added to a vial containing 890 ml of HPLC grade hexane, 10 L of internal standard and a blend of C7 to C32 alkanes (Sigma). The samples were injected using the method used to identify the constituents present in the essential oil. The stability of the substances was assessed by examining the ratio of the area of each substance and its internal standard area (Aa/Ai). Among the substances identified in the essential oil, five were selected according to their relative percentage. The substances selected, the internal standards and the ions used to obtain the area are described in Table 2.

Statistical analysis

Data from the study on the antimicrobial effect of the essential oil toothbrush rinse and *P. heptaphyllum in vitro* and the data from the toothbrush rinse treatment of P. heptaphyllum and chlorhexidine in disinfecting brushes were expressed as the mean ± standard error of the mean (SEM). We applied the Shapiro-Wilk normality test in the data sets. The differences were considered significant at p < 0.05. Comparisons between treatments for disinfecting brushes were applied using the Kruskal-Wallis one-way analysis of variance (ANOVA) followed by the Dunn's test. The differences were considered significant at p < 0.05. The statistical non-parametric Friedman test was applied to investigate possible differences between the solutions with respect to the inhibition or absence of cariogenic biofilm formation on the bristles of the brushes. To compare the ratio of the Aa/Ai's stability, a one-way ANOVA test was applied followed by Tukey's test. Differences were considered significant at p < 0.05. Statistical analyses were performed using free software and Tanagra GraphPrism® software (Prism 5 for Windows, version 5.00, 2007).

RESULTS

The MIC values against *S. mutans* for the essential oil and the toothbrush rinse of *P. heptaphyllum* were 0.13 and 2.4 µg/ml, respectively. The base toothbrush rinse showed no antimicrobial activity when in the presence of the inoculum; nor did the base toothbrush rinse show microbial growth when evaluated only in the presence of the growth medium. Of the 50 children initially enrolled in the study, 39 (78% children) tested positive for mutans streptococci (MS). However, the study was completed with 21 children, because 18 children did not attend all stages of the study (school absence during study days); thus, these students were excluded from evaluation, which was the main limitation of the study. In total, sixtyeight brushes were evaluated.

Contamination of the brushes was observed in all toothbrushes after a single brushing. The additional control toothbrushes (n = 5) showed no microbial contamination. The toothbrush rinse containing the essential oil of *P. heptaphyllum* was able to reduce the formation of MS. The results of the microbiological ana-

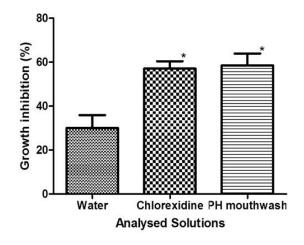


Figure 1. Microbiological evaluation of toothbrushes contaminated with mutans streptococci after use of toothbrush rinse containing the essential oil of *P. heptaphyllum* 1%. PH (*Protium heptaphyllum* 1%)* difference compared to water (p<0.05).

Table 2. List of substances used for monitoring the stability of the toothbrush rinse, the internal standard and the ions (m/z).

Compound	lons	Internal standard	lons
p-Cymene	119	Nonane (C9)	57
Terpinolene	93	Nonane (C9)	57
p-Cymen-8-ol	135	Decane (C10)	57
α-Terpineol	121	Decane (C10)	57
Carvenone	95	Undecane (C11)	57

lysis of the toothbrushes after disinfection are shown in Figure 1. The essential oil composition of *P. heptaphyllum* showed predominant monoterpenes, with terpinolene as the primary constituent (35.1%), followed by p-cymene (26.66%), tricyclene (11.05%) and p-cymen-8-ol (10.12%) (Table 2). The toothbrush rinse containing the essential oil of P. heptaphyllum 1% consisted of the same constituents, except for the α -terpineol. The toothbrush rinse of P. heptaphyllum was a clear, colourless liquid, with the characteristic odour of pure oil. To test the stability of the toothbrush rinse, some substances were monitored, such as terpinolene, p-cymene, p-cymen-8-ol, α-terpineol and carvenone, because of their larger relative area (Table 3). Because the substance tricyclene was the first peak on the chromatogram, it was not monitored. In addition, the extraction process interfered with the relative area of α-terpineol as it was eliminated in this process (Figure 2A).

The relative amount of p-cymene was not altered by

the extraction process or the change in temperature. However, storage for 2 to 12 months resulted in a decrease of its relative area (Figure 2B). For substances p-cymen-8-ol, terpinolene and carvenone, the extraction process led to losses of these products (Figure 2C, D and E), and storage for 2 and 12 months influenced their volatility. Therefore, a period of 12 months in storage had the greatest influence on the loss of p-cymen-8-ol (Figure 2D). The overlap of all of the chromatograms obtained showed the same chromatographic profile for all samples with reduced peak areas (Figure 3).

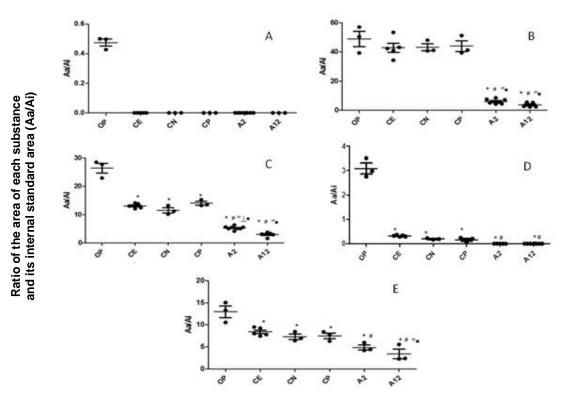
DISCUSSION

The present study demonstrated the antimicrobial activity of essential oil extracted from the resin of *P. heptaphyllum* and a toothbrush rinse containing 1% of the essential oil. The data indicated that the chemical constituents of the essential oil of *P. heptaphyllum* exhibit antimicrobial activity against gram-positive *S. mutans*, the primary cariogenic bacteria tested. The use of this toothbrush rinse was also evaluated as an alternative treatment to disinfect toothbrushes. Several studies have evaluated substances that could be used as disinfectants for toothbrushes, seeking an easy, economical and safe use for disinfecting them and thereby maintaining oral health (Quintas et al., 2015; Nelson-Filho et al., 2011; Zarai et al., 2011; Juiz et al., 2010; Efstratiou et al., 2007; Mehta et al., 2007).

The present study showed the in vitro and ex vivo effects of *P. heptaphyllum* mouthrinse against the gram positive bacteria group MS. The experiment was designed in order to establish the MIC of pure essential oil, which was 0.013%, and thereafter, to estimate the mouthwash concentration, which was about 80-fold concentrated (1.0%), based on the predictable loss of activity and bioviability during the formulation. The MIC of the pH mouthwash was 0.24%, that is about 19-fold bigger than the pure essential oil. It is also important to highlight that with 1% essential oil of *P. heptaphyllum*, the components of the oil will be diluted in a concentration similar to a commercial mouthwash such as listerine (menthol 0.042%, thymol 0.064%, methyl salicylate 0.06% and eucalyptol 0.092%) (Pan et al., 2010; Oyanagi et al., 2012). There are some studies about essential oils mouthwash, several using a 0.2 to 1.4% concentration of essential oil (Kothiwale et al., 2014; Lobo et al., 2014; Quintas et al., 2014) and others in which the final concentration is omitted (Batista et al., 2014). An antiseptic agent to be used in children should not be harmful to the mucosa; its toxicity should be low if ingested accidentally, and it should be free from sugar and alcohol (Subramanian and Nandan, 2011). The toxicity of *P. heptaphyllum* has been evaluated by Siane

Substance	Relative percentage	IK	RT (min)
Tricyclene	11.05	926	5.6
α-Pinene	4.35	939	7.67
2-∆ –Carene	1.09	1001	7.97
<i>p</i> -Cymene	26.66	1026	8.4
Terpinolene	35.81	1088	10.50
<i>p</i> -Cymen-8-ol	10.12	1183	14.59
α-Terpineol	2.29	1189	15.19
2-Methoxy-α-methylbenzyl alcohol	1.08	NR	16.61
Carvenone	1.27	1252	18.4
Total	96.61	-	-

Table 3. Composition (shown as a relative percentage) of the essential oil resin of *P. heptaphyllum* and toothbrush rinse prepared with the essential oil of *P. heptaphyllum* and the IK data.



Analysed sample

et al. (1999), who described the resin of P. heptaphyllum

as showing no toxic potential. Polysorbate 20, a

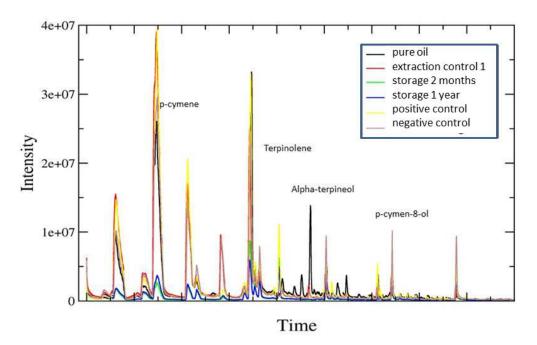


Figure 3. Overlay of chromatograms of aliquots of *Protium heptaphyllum oil* (PO), toothbrush rinse essential oil of *P. heptaphyllum* (1%) (EC), kept under refrigeration (NC), and subjected to heating (PC), stored at room temperature for two months (A2) and 12 months (A12)

solubilising agent, was used in the formulation of the toothbrush rinse because it had no toxic or irritant properties (Cordeiro et al., 2006). Previous trials evaluating mouthwash to disinfect toothbrushes specified that supervised participants used clean and new brushes, which only after brushing were placed in contact with the analyte (do Nascimento et al., 2015; Nelson-Filho et al., 2011; Mehta et al, 2007). This procedure was also adopted in this study.

Contamination of the brushes was observed in all toothbrushes after a single brushing. The toothbrush rinse essential oil of P. heptaphyllum showed the same efficacy in disinfecting toothbrushes contaminated with MS as did the gold standard, chlorhexidine. Both treatments were more effective than water (Figure 1). Chlorhexidine is known as the most effective commercial solution and is used as the gold standard in controlling plaque, because it is effective on gram-negative and gram-positive yeast (Nelson-Filho et al., 2011; Subramanian and Nandan, 2011; Juiz et al., 2010; Nelson-Filho et al., 2000). There are several studies which compare either the effectiveness or effect of chlorhexidine-containing mouthrinses and different products on dental plaque, gingivitis and caries prophylaxis, using a one-week period of washout (Charangundla et al., 2014; Lobo et al., 2014; Venu et al., 2013; Barnes et al., 2011; Franco Neto et al., 2008). The

studies showed that chlorhexidine significantly reduced the mutans streptococci group or other microorganisms' levels, but these levels returned to baseline (Lobo et al., 2014). The effectiveness of chlorhexidine after a 12 h application was also evaluated (Tomás et al., 2013), showing that after 12 h, the effect decreases. Since in the studies with one week washout, a difference between groups (for example, water and chlorhexidine) was observed, it is reasonable to use this period of washout in the present study. At low concentrations, chlorhexidine is bacteriostatic, while in high concentrations. it is bactericidal (Subramanian and Nandan, 2011). However, the use of chlorhexidine is associated with detrimental effects, such as a darkening of dental enamel, hyperplasia of the tongue papillae and loss of sense of taste (Juiz et al., 2010). Due to these effects, a search for other agents that have beneficial effects similar to those of chlorhexidine has been increasing.

Cordeiro et al. (2006) described the importance of using medicinal plants to support other therapies and routine prophylaxis. Batista et al. (2014) reported the use of mouthwashes of chamomile and pomegranate extracts and suggested that both extracts have anti-inflammatory and antimicrobial properties. In a recent study conducted by our group (Lessa et al., 2012), a mouthwash known as guaco was prepared with ethanolic extracts of *Mikania laevigata* and *Mikania glomerata*. It showed antimicrobial activity against *S. mutans* and was evaluated as a toothbrush sanitiser; mouthwash prepared with *M. glomerata* had the same efficacy as the mouthwash with chlorhexidine 0.12% (gold standard).

A search for chemical markers is essential for assessing and maintaining quality. The results found for the essential oil of P. heptaphyllum (Table 3) are consistent with work previously described, where the components α -pinene, terpinolene, p-cymen-8-ol and α cymene were also reported as major components of the P. heptaphyllum oil (Marques et al., 2010; Siane et al., 1999). However, some differences were observed in relative percentages and may be related to genetic factors, the nutritional status of the plant and the soil and climatic conditions (Figueiredo et al., 2012); medicinal plants that are derived from the same species may exhibit significant differences in quality when collected at different sites (Asghari et al., 2012). The temperature did not seem to be a factor that influenced the degradation of the substances; however, volatilisation of the chemicals might have contributed to losses, since the overlap of all chromatograms obtained observes same the chromatographic profile for all samples, with a reduction in peak area (Figures 2 and 3).

A surfactant was added to the formulations in this study (polysorbate 20) because essential oils are notoriously volatile and quickly evaporate off of surfaces (Rojo et al., 2012). However, the presence of this fixative at a concentration of 1% did not appear to be adequate in maintaining the composition for more than two months. A change in the amount of this surfactant would not be indicated, because higher concentrations of this product exhibit potential antimicrobial activity (Cordeiro et al., 2006).

Based on the results of this study, the essential oil of *P. heptaphyllum* and the toothbrush rinse made from this oil exhibited antimicrobial activity against the causative agent of caries, *S. mutans*. The effectiveness of the toothbrush rinse *P. heptaphyllum* is equal to that of chlorhexidine (0.12%). The stability of the toothbrush rinse *P. heptaphyllum* was not influenced by temperature, but was influenced by the storage time. However, the substances were volatilised instead of degraded.

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Conflict of interest

There is no conflict of interest as regard this study.

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African Journal of Pharmacy and Pharmacology

Full Length Research Paper

Mechanically separated fillet and meat nuggets of Nile tilapia treated with homeopathic product

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The homeopathic product Homeopatila 100° in the diet of Nile tilapia reduces stress during production and improves the well-being of fish. The objective of this study was to develop nuggets of tilapia fed with Homeopatila 100° and to assess their quality. Physical, chemical, microbiological and sensory analyses were performed on three formulations with 25, 50 and 75% mechanically separated meat (MSM) for each of the treatments. The nuggets with 75% MSM revealed a higher pH (5.89 ± 0.02), the tissue was softer (1.29 N ± 0.04), and they had a higher lipid value (15.96% ± 0.05). With 50 and 75%, the color (L[']) was darker (60.76% ± 0.91 and 60.03% ± 0.78), and there were lower protein amounts (15.54% ± 0.31 and 13.55% ± 0.35). Nuggets had an acceptable value of lipid oxidation (0.672 ± 0.007 mg MDA/kg). The microbiological analyses demonstrated that the product met the requirements of legislation. Nuggets with 25 and 50% MSM were deemed acceptable. There was no difference (p > 0.05) between the control treatment group and the Homeopatila 100[®] group for the analysis undertaken. The results indicated that the use of Homeopatila 100[®] in the diet of the Nile tilapia did not change the physical, chemical, microbiological and sensorial quality characteristics of the nuggets, ensuring consumer acceptability.

Key words: Co-product, aquaculture, homeopathy, fish, technology.

INTRODUCTION

Aquaculture provides one-third of the world's fishery products (Yarnpakdee et al., 2014). Tilapia is the second most popular fish cultivated globally (85 countries) and features low cost, firm white meat, mild flavor, high protein content and low lipid and energy content. It is a common item on the menu in Europe, Asia and the Americas. With the increase in the production of tilapia, it is desirable to develop products that enable the use of processing waste for human consumption (Zhang et al., 2011).

*Corresponding author. E-mail: lvargas@uem.br. Tel: +55 44 3011-8919 Author(s) agree that this article remain permanently open access under the terms of the <u>Creative Commons Attribution</u> License 4.0 International License The filleting residue has 60 to 70% of the total weight of tilapia. Part of this residue is discarded, causing waste of natural resources (Taskaya and Jaczynski, 2009). The use of mechanically separated meat (MSM) enables the use of 14% of the total weight of the fish, reducing the cost, and presenting nutritional value equivalent to entire muscle. The MSM is little used as raw material for the production of fishburger, nuggets and sausages (Ninan et al., 2010; Gehring et al., 2011).

The nuggets are restructured, breaded and prepared from the disintegration of the flesh by mechanical methods (Marengoni et al., 2009). The manufacture of these products with MSM uses the processing residues, avoids health and environmental problems and adds commercial value to final product (Nunes et al., 2006). The products of homeopathy, a complementary and alternative medicine, are produced by dinamization, a process that involves sequentially stirred dilutions in small volumes applied to human and animal diets (Adler et al., 2011). The use of population homeopathy reduces stress to animals, especially in intensive systems that are very different from the natural environment, and increases the production potential and survival. It is a non-toxic product. The use of extremely diluted active ingredients ensures that there are no residues in meat and contamination in water and soil (Andretto et al., 2014).

Homeopatila 100[®] is a homeopathic complex designed to decrease stress during production and guarantee the well-being of Nile tilapia (*Oreochromis niloticus*) in the productive cycle of the commercial fish fry. Several studies have been undertaken with Nile tilapia and Homeopatila 100[®] (Siena et al., 2010; Braccini et al., 2013; Merlini et al., 2014). Because there are few reports on the products prepared from tilapia fillets and MSM treated with homeopathy, the current investigation provides the physical, chemical, microbiological and sensory evaluation of nuggets from MSM of Nile tilapia prepared with Homeopatila 100[®].

MATERIALS AND METHODS

Prime matter and ingredients

The use of animals was approved by the Committee for Ethical Behavior in Animal Usage in Experiments of the State University of Maringá, Maringá PR Brazil (Protocol 019/2013). After sexual reversion, Nile tilapias (*O. niloticus*), variety Supreme, with a mean initial weight of 101.12 ± 17.73 g and mean initial length of 18.52 ± 6.00 cm for the control treatment and an initial mean weight of 99.73 ± 19.85 g and initial mean length of 18.05 ± 1.11 cm for the Homeopatila 100° treatment were randomly distributed in 16 fiber glass water boxes, with 20 animals per box. Homeopatila 100° and control treatments were analyzed with eight replications each by a totally randomized experimental design, with 160 fish per treatment. Fish were fed on commercial extruded meals with 32% crude protein and a diameter of 5 mm twice a day (10 and 16 h).

At the end of the experiment, when the fish weighed approximately 300 g, to make filleting easy, they were deprived of food for 24 h. All of the fish were captured by nets, desensitized

with water and ice at 0°C (Scherer et al., 2006) and killed by breaking the spinal marrow. Two treatments were evaluated: a control treatment with a hydro-alcohol solution 30% v/v (addition of 40 ml/kg meal) and an experimental treatment with the homeopathic product Homeopatila $100^{\mbox{\scriptsize B}}$ (addition of 40 ml/kg meal). We used this concentration because studies on Nile tilapia fed on the same product with the same concentration in the diet provided better results than those with other concentrations (Siena et al., 2010).

Homeopatila 100[®] was prepared by REALH, Campo Grande MS, Brazil, with registration of product for veterinary use number 024/05736-3 Ministry of Agriculture, Livestock and Food Supply, Brazil. The composition and respective Hahnemannian centesimal dilution of the homeopathic product Homeopatila 100[®]: lodum (12 CH); Sulphur (30 CH); Natrum muriaticum (200 CH); Streptococcinum (30 CH) and vehicle - ethyl alcohol 30% v/v (sufficient amount). Fish were beheaded, eviscerated, filleted and skinned (Souza, 2002). The fillets were immediately vacuumconditioned (Microvac CV 8, Selovac, BR) in smooth transparent nylon bags (thickness 0.280 mm) and frozen at -18°C until nugget preparation. MSM was obtained from the fillet wastes of the two treatments by the (HT C100, High Tech, BR), wrapped in polyethylene bags, frozen at -86°C in an ultrafreezer (IULT 90D, INDEL, BR) and stored at -18°C until the preparation of nuggets.

Preparation of nuggets

Three formulations were prepared for the Homeopatila 100° and control treatments with different concentrations as follows: 75% (F / 75), 50% (F / 50) and 25% (F / 25) with MSM, replacing the tilapia fillet. The F / 50 was chosen as the best formulation through the result of sensory analysis. Therefore, this formulation was prepared again, named F2 / 50, to verify the sensory acceptance and purchase intent among Homeopatila 100° and control. Further, 1200 g of emulsion was used for each assay, featuring the following formulation: 16% cold water; 10% hydrogenated fat; 4% soybean-concentrated protein; 2% corn starch; 2% salt; 0.15% dehydrated onion; 0.10% dehydrated garlic; 0.08% dehydrated parsley and chive; 0.07% white pepper; 0.15% sodium tripolyphosphate; 0.05% sodium erythorbate; 0.25% citric acid solution 0.05%; and 65% meat portion (tilapia fillet and MSM).

Fillets and MSM were previously thawed at 4 \pm 1°C for approximately 24 h, ground in an electric grinder (PCP-10 L, Poli, BR) and placed with MSM in a mini-cutter (Sire, Filizola, BR). Hydrated tripolyphosphate, the other ingredients and, finally, fat were added. After being homogenized for 2 min, the mass was placed on polyethylene and covered with a polyethylene film and stored for 24 h in a freezer at -18 \pm 2°C. The frozen mass was cut in four parts (2.25 cm long and 2 cm wide), made breaded and then frozen at -18°C. For pre-frying, they were kept at 4 \pm 1°C for 3 h and pre-fried in soybean oil for 1 min at 180 \pm 1°C. For each formulation, 60 pieces were prepared with approximately 20 g not breaded, 24.5 g breaded and 23.5g breaded and pre-fried. The nuggets were prepared in triplicate, wrapped in polyethylene wrappers and frozen at -18 \pm 2°C for 120 days.

Physical and chemical composition

The moisture, fixed mineral residue, lipid and crude protein amounts were determined on the 10th day after preparation, according to a protocol by the Association of Official Analytical Chemists (AOAC, 2006). Carbohydrate values were calculated by the difference: 100 - (% Moisture+ % fixed mineral residue + % crude protein + % total lipids). Further, pH analysis was performed at room temperature with a pH-meter (pH 21, Hanna[®], Romania) on 10 g of the sample homogenized with 50 ml of distilled water. The evaluation of color is an important quality parameter used to observe natural changes of fresh food or changes during industrial processing (Sato and Cunha, 2005). The absorption was measured by a colorimeter (CR 400, Minolta, Japan) using D65 light and a vision angle of 10°. The absorption was measured at three different sites in the internal part of the product (Perlo et al., 2006), at approximately $45 \pm 1^{\circ}$ C. The luminosity (L*), red-green component (a*) and yellow-blue component (b*) values were presented according to the color system by the Commission Internationale de L'Eclairage (CIELAB) (Minolta, 1998).

Water activity (Aw) was evaluated at 25°C by a water activity apparatus (4TE, Aqualab, USA), a very important parameter to determine the preservation and shelf life of food. Microorganisms require different minimum Aw levels for growth. Usually, bacteria are more sensitive and almost all have their growth inhibited at Aw values between 0.90 to 0.91. Yeast and molds are more tolerant to lower Aw values, growing in bands ranging from 0.87 to 0.94 and 0.70 to 0.80, respectively (Abbas et al., 2009). To evaluate the shear force, the nuggets were cut into pieces measuring 1.5 cm height x 1.0 cm width x 2 cm length. Analyses were performed using a texture analyzer (TA.HD plus, Stable Micro Systems, UK) equipped with a Warner-Bratzler Blade and 5 g charge cell at a speed of 5.0 mm/s and a distance of 20 mm with a 0.001 mm resolution. The results of the minimum force needed for cutting are given in Newton (N). The samples of each formulation were used for the analyses. The chemical analyses were performed in triplicate. The color parameters, shear force, pH and Aw analyses were performed with 10 repetitions.

Microbiological evaluation

Twenty-four hours after preparation, the nuggets were evaluated for the presence of *Staphylococcus* coagulase and *Bacillus cereus*. The results were reported in colony forming units (CFU/g); coliforms were reported at 45°C and *Escherichia coli* in most probable number per gram (MPN/g). *Salmonella* sp. was determined by absence in 25 g and counting viable aerobic mesophilic and psychrotrophic expressed in Log₁₀ CFU/g (ICMSF, 1982).

Lipid stability

After the preparation of the nuggets and pre-frying to an internal temperature of $75 \pm 1^{\circ}$ C, they were stored at -18°C. The products were then thawed at $4 \pm 1^{\circ}$ C for three hours prior to the lipid oxidation analysis at times 0 (24 h after preparation), 30, 60, 90 and 120 days by the thiobarbituric acid reactive substances (TBARS) method following Tarladgis et al. (1964), modified by Crackel et al. (1988) to evaluate the difference between means in storage days and between different treatments.

Sensory evaluation

The research was approved by the Research Ethics Committee and involvement of Human Beings of the State University of Maringá (297.336/2013). The 9-point hedonic acceptance test for nuggets were applied, ranging between 9 = 1 liked it very much and 1 = 1 definitely did not like it (Dutcosky, 2007). The attributes of color, aroma, tenderness, taste and overall impression were evaluated. It also approved the 5-point buying intention test ranging between 5 = 1 will surely buy it and 1 = 1 will surely not buy it (Ferreira et al., 2000). Sensory evaluations were undertaken in three stages. Each step used an untrained panel of 120 teachers and students, between 19 and 50 years of age, who represented consumers at a higher education level from the Federal Technology University of

Paraná. In the first stage, the formulations F / 75, F / 50 and F / 25 of the control treatment were used; in the second stage, the same formulations with the Homeopatila 100[®] treatment were used. The formulation with the best overall evaluation and best buving intention was used in the third stage (50% MSM, F2 / 50) for the sensory analysis of nuggets made of fillet and MSM treated with Homeopatila 100[®]. The nuggets were thawed and baked until they reach a minimum temperature of $75 \pm 1^{\circ}$ C, cooled to approximately 45°C and served. The samples from both treatments were coded with random three digit numbers; therefore, the volunteer participant did not know which sample contained the homeopathic product. The equation IA (%) = $(A \times 100) / B$, where A is the mean score for overall evaluation and B is the maximum score observed for overall evaluation, was employed to calculate the acceptability index of the formulations under analysis (Dutcosky, 2007; Monteiro, 1984).

Statistical analysis

Physical, chemical, microbiological and sensory evaluations for the formulations F / 75, F / 50 and F / 25 were evaluated by analysis of variance (ANOVA) and Tukey's test (p < 0.05), and the results of the analysis for the F2 / 50 formulations underwent an analysis of variance at a 5% probability and Student's t test using the statistical analysis system (SAS) 9.0 (SAS, 2009).

RESULTS AND DISCUSSION

Physical and chemical composition

Whereas the greatest difference (p < 0.05) in the instrumental analysis of color occurred in L* (luminosity) when a low value (25%) of MSM was added to the nuggets, no significant difference was reported in the a* (red/green) and b* (yellow/blue) of the other formulations and between the control and the Homeopatila 100[®] treatments (Table 1). A significant difference was reported in the L*, a* and b* values in chicken nuggets with MSM (Perlo et al., 2006). A 75% increase in MSM in the formulation of Nile tilapia nuggets significantly affects (p < 0.05) the shear force and pH. There was no significant difference (p > 0.05) in Aw in the various MSM additions (Table 1). Nuggets with 75% MSM had a more tender texture than nuggets with 25% MSM due to the MSM process that ruptures the muscle fiber. A similar effect has been reported in fish sausages, where MSM replacing the fillet, increased its softness (Oliveira Filho et al., 2010). The increase in pH due to MSM was probably due to a higher amount of phosphate caused by the fragmentation of the tilapias' spines during processing (Gomide et al., 1997). The pH results meet Brazil's legislation for fresh fish (Brasil, 2001a). Higher values of pH were obtained by Oliveira Filho et al. (2010) and Dallabona et al. (2013) in sausages prepared with the addition of MSM at time 0 storage. The mean Aw value did not reveal any significant differences (p > 0.05) between the formulations and treatments. The value remained within the high Aw food range for microbial growth and was similar to the value for fresh fish (0.98). The cold storage was required (Oliveira Filho et al., 2010).

Table 1. Color (L*: luminosity a*: red/green; b*: yellow/blue), shear force, pH and Aw (water activity) of nuggets of Nile tilapia treated with Homeopatila 100[®].

Daramator	L*	a*	b*	L*	a*	b*	Shea	ar force (N)1		рН		Aw
Parameter		Control		Но	omeopatila 10	D®	Control	Homeopatila 100®	Control	Homeopatila 100°	Control	Homeopatila 100®
F / 75 ^{2,3,5}	60.27±0.43bc	0.85±0.04a	31.56±0.14 ^a	60.03±0.78 ^c	0.90±0.03a	32.05±0.24 ^a	1.45±0.08b	1.29 ± 0.04^{b}	5.88±0.03 ^a	5.89±0.02 ^a	0.975±0.002ª	0.972±0.003ª
F / 50 ^{2,3,5}	60.34±0.28bc	0.96±0.03ª	30.64±0.74 ^a	60.76±0.91bc	0.89±0.04a	32.02±3.14 ^a	2.57 ± 0.10^{ab}	2.46±0.06 ^{ab}	5.86±0.02 ^{ab}	5.80±0.09 ^{ab}	0.962±0.007ª	0.963±0.001a
F / 25 ^{2,3,5}	64.42±0.21ª	0.99±0.06a	28.58±0.41ª	62.66 ± 0.14^{ab}	0.86±0.05 ^a	30.89±0.38a	3.33±0.06ª	3.43±0.08 ^a	5.74 ± 0.04^{b}	5.74±0.03 ^b	0.972±0.006ª	0.972±0.006ª
F2 / 50 ^{2,4,5}	60.97±0.30 ^a	1.34±0.03 ^a	30.41±0.06 ^a	60.09±0.61a	1.31±0.05 ^a	31.42±0.26 ^a	2.85±0.01 ^a	2.82±0.06 ^a	5.97±0.01 ^a	5.85±0.01 ^a	0.975±0.002a	0.975±0.002a

¹N: Newton. ²F / 75; F / 50; F / 25; F2 / 50 with 75%, 50%, 25% and 50% of MSM. ³Value with different letters (a-b-c) on the same line and column differ significantly by Tukey's test (p<0.05). ⁴Line are not significantly different at 5% significance level by Student's t test (p<0.05). ⁵The results are given by the means ± standard error (n=10).

Table 2. Centesimal composition (%) of nugget from fillet and MSM of Nile tilapia treated with Homeopatila 100[®].

Parameter Co	M	Moisture		Crude protein		Fixed mineral residue		Total lipids		Carbohydrate ⁴	
	Control	Homeopatila 100®	Control	Homeopatila 100®	Control	Homeopatila 100®	Control	Homeopatila 100®	Control	Homeopatila 100®	
F / 75 ^{1,2,5}	55.50±0.39 ^a	55.67±0.31ª	12.85±0.18b	13.55±0.35b	2.75±0.07ª	2.77±0.07 ^a	16.07±0.22ª	15.96±0.05ª	12.79±0.81ª	12.05±0.17 ^a	
F / 50 ^{1,2,5}	55.13±0.63 ^a	55.49±0.32ª	15.32±0.24b	15.54±0.31b	2.72±0.04 ^a	2.65±0.06 ^a	14.34±0.07b	14.52±0.03b	12.49±0.86 ^a	11.80±0.62ª	
F / 25 ^{1,2,5}	54.59 ± 0.47^{a}	54.46±0.60 ^a	16.04±0.02a	16.12±0.33ª	2.86±0.06ª	2.73±0.11 ^a	13.98±0.38b	13.62±0.20b	12.53±0.80 ^a	13.07±1.03ª	
F2 / 50 ^{1,3}	52.04 ± 0.65^{a}	52.84±0.50 ^a	15.71±0.21 ^a	15.14±0.24ª	2.54 ± 0.05^{a}	2.59 ± 0.04^{a}	16.12±0.27ª	15.63±0.25ª	13.59±0.36 ^a	13.80 ± 0.77^{a}	

 1 F / 75; F / 50; F / 25; F2 / 50 with 75%, 50%, 25% and 50% of MSM. ²Value with different letters (a-b-c) on the same line and column differ significantly by Tukey's test (p<0.05). ³Line are not significantly different at 5% significance level by Student's t test (p<0.05). ⁴Total carbohydrates were calculated by difference: 100 - (% moisture + % fixed mineral residue + % crude protein + % total lipids). ⁵The results are given by the means ± standard error (n=3).

2010).

There was no significant difference between treatments in the selected formulation (F2 / 50) in the pH measurement value, shear force, Aw and color (Table 1). The mean values for the moisture, fixed mineral residue and carbohydrates did not differ (p > 0.05) between the various MSM percentages between treatments (Table 2). The protein results were similar to those of the control group, but they were lower when the MSM was 50 and 75%. In the latter MSM proportion, the lipid values were higher in both treatment groups. There was no significant difference between the control and Homeopatila 100[®] in the 50% MSM (F2 / 50) formulation when the centesimal composition was taken into account. When the

amount of MSM in sausages was increased, the protein value decreased, the fat increased and the moisture content and mineral residue were not changed (Oliveira Filho et al., 2010). The results were similar to those obtained for nuggets.

The high fat quantity in the nuggets when the MSM was increased may be related to its high lipid value because the ventral muscle parts in the carcass normally have a higher fat content (Oliveira Filho et al., 2010). The minimum protein content and the maximum level of total carbohydrates required by law in breaded products are 10 and 30%, respectively (Brasil, 2001b). The nuggets were developed following these requirements. Results similar to this research in lipids were obtained in croquettes of Nile

tilapia MSM (Bordignon et al., 2010).

Microbiological quality

In the enumeration of coliforms at 45°C. Escherichia coli, Bacillus cereus and Staphylococcus coagulase were not found and the presence of Salmonella sp. was not detected in the samples of nuggets for the two treatments. The counts of viable mesophilic and psychotrophic aerobic bacteria ranged from 1.54 ± 0.27 to 3.68 ± 0.11 and showed no significant difference between the products and treatments. The analyses were in agreement with those established by legislation (ICMSF, 1982), Results

		Stage 1			Stage 2	9	Stage 3		
Parameter		Control			Homeopatila 100®	Control	Homeopatila 100®		
	F / 75 ^{3,4,6} F / 50 ^{3,4,6} F / 25 ^{3,4}			F / 75 ^{3,4,6}	F / 50 ^{3,4,6}	F2 / 50 ^{3,5,6}	F2 / 50 ^{3,5,6}		
Color ^{1,}	6.77±0.37b	7.24±0.38 ^a	7.53±0.38 ^a	7.02±0.15b	7.44±0.16 ^a	7.20±0.15 ^{ab}	6.96 ± 0.15^{a}	7.08 ± 0.16^{a}	
Aroma ^{1,}	7.06±0.36 ^b	7.76±0.37 ^a	7.89±0.37ª	6.75±0.14 ^a	7.34±0.15 ^a	7.11±0.15 ^a	7.04 ± 0.16^{a}	7.24 ± 0.16^{a}	
Tenderness ^{1,}	7.18±0.35 ^b	7.54 ± 0.35^{ab}	7.66±0.35 ^a	6.68±0.13 ^b	7.70±0.15 ^a	7.69±0.15 ^a	7.53 ± 0.13^{a}	7.64 ± 0.14^{a}	
Taste ^{1,}	6.49±0.47b	7.39±0.48 ^a	7.94±0.49 ^a	6.64±0.16 ^b	7.21±0.18 ^a	6.99±0.17 ^a	6.72 ± 0.19^{a}	7.06 ± 0.20^{a}	
Overall evaluation ^{1,}	5.75±0.33 ^c	6.47±0.33b	7.10±0.33 ^a	6.41±0.13 ^b	7.28±0.15 ^a	7.31±0.15 ^a	6.94 ± 0.14^{a}	7.17 ± 0.15^{a}	
Buying intention ²	4.08 ± 0.45^{b}	4.79±0.46 ^a	4.16±0.46 ^a	2.91±0.11b	3.72±0.14ª	3.75±0.14 ^a	3.59 ± 0.12^{a}	3.77 ± 0.13^{a}	

Table 3. Sensorial evaluation of nugget from fillet and MSM of Nile tilapia treated with Homeopatila 100[®].

¹Hedonic scale between 1 and 9 (1 I disliked it very much; 2 I disliked it; 3 I disliked it fairly; 4 I disliked it a little; 5 I didn't like it nor disliked it/ I didn't dislike it; 6 I liked it a little; 7 I liked it fairly; 8 I liked it; 9 I liked it very much). ²Hedonic scale between 1 and 5 (1 I will certainly not buy it; 2 I would possibly not buy it; 3 Perhaps I will buy it, perhaps I will not; 4 I may buy it; 5 I will certainly buy it). ³F / 75; F / 50; F / 25 and F2 / 50 with 75, 50, 25 and 50% of MSM. ⁴Value with different letters (a-b-c) on the same line differ significantly by Tukey's test (p<0.05). ⁵Lines are not significantly different at 5% significance level by Student's t test (p<0.05). ⁶The results are given as the means ± standard error (n=120).

similar to this experiment were obtained in lyophilized mixtures of fish croquettes at time zero with the same main ingredient as the MSM of the Nile tilapia (Fuchs et al., 2013) and in croquettes of the MSM of tilapia after being pre-fried, (Bordignon et al., 2010) for Salmonella sp., Coliforms at 45°C, B. cereus and S. coagulase. However, higher values were found in 4 types of prepared fishburger with the MSM of the Nile tilapia for E. coli and coliforms at 45°C (Marengoni et al., 2009) and lower values for viable mesophilic and psycotrophic aerobic bacteria (Bordignon et al., 2010). The pre-frying process (180°C/1') helped in obtaining breaded nuggets with low microbial counts, agreeing with the results obtained in croquettes of MSM of Nile tilapia (Bordignon et al., 2010).

Stability of lipid oxidation

The TBARS values for the Homeopatila 100° treatment increased from 0.007 ± 0.003 mg MDA/kg to 0.672 ± 0.007 mg MDA/kg. In the case

of the control, treatment increased the value of 0.004 ± 0.001 mg MDA/kg to 0.758 ± 0.007 mg MDA/kg. There was a gradual increase in lipid oxidation up to 120 days of storage (Figure 1), Ithough no significant difference (p > 0.05) was found between 60 and 90 days. TBARS was not different (p < 0.05) for either treatment. Different values are cited as the mg MDA/kg limits in foods that might indicate rancidity by sensory evaluators. At 0.576, the oxidation value is low and there is no rancidity. Values greater than 1.51 are classified as unacceptable (Ke et al., 1984). In stored fishburger tilapia (-18°C/180 days), the values were lower than in nuggets (Tokur et al., 2004), and similar values were found in guenelles prepared with Nile tilapia (Angelini et al., 2013), ranging from 0.72 ± 0.50 to 0.88 ± 0.63 mg MDA/kg storage (-18°C/180 days). In the current assay, each formulation received an addition of the same amount of antioxidant (0.05% sodium erythorbate), which may have contributed to inhibiting oxidation. Therefore, the evaluated nuggets have an acceptable level of lipid oxidation.

Sensory evaluation

The first stage of sensory evaluation (Table 3) revealed a significant difference (p < 0.05) in formulation F / 75 for color, aroma, tenderness and taste. The three formulations showed differences (p < 0.05) in overall acceptability. Formulations with 50 and 25% MSM were preferred, whereas the sample with 75% MSM had the lowest acceptance. Sample F / 75 in the second stage of the sensorial test (Table 3) had a lower acceptability for color, tenderness, taste, overall evaluation and buying intention, but no significant difference for aroma. When the two sensorial evaluations were analyzed, acceptance tests showed results between 5.75 and 7.94 and 6.41 and 7.70, respectively, for the control and Homeopatila 100[®]. Buying intentions were close to 4 and 5 for the control and close to 3 and 4 for Homeopatila 100[®]. Five formulations provided acceptability values above 70% (Table 4). If these products were for sale, they would be accepted by consumers (Dutcosky, 2007). Formulation F / 50 for the control and Homeopatila 100[®] was within

Parameter	F / 751	F / 751	F / 501	F / 50 ¹	F / 251	F / 251	F2 / 50 ¹	F2 / 50 ¹
	Control	Homeopatila 100 [®]	Control	Homeopatila 100 [®]	Control	Homeopatila 100°	Control	Homeopatila 100®
Color	75.22	78.00	80.44	82.67	83.67	80.00	77.33	78,67
Aroma	78.44	75.00	86.22	81.56	87.67	79.00	78.22	80.44
Tenderness	79.78	74.22	83.78	85.56	85.11	85.44	83.67	84.89
Taste	72.11	73.78	82.11	80.11	88.22	77.67	74.67	78.44
Total evaluation	63.89	71.22	71.89	80.89	78.89	81.22	77.11	79.67
Buying intention	81.56	58.22	95.78	74.44	83.22	75.00	71.80	75.40

 Table 4. Acceptability index (%) by attribute and buying intention of fillet and MSM nugget.

¹F / 75; F / 50; F / 25; F2 / 50 with 75, 50, 25 and 50% of MSM.

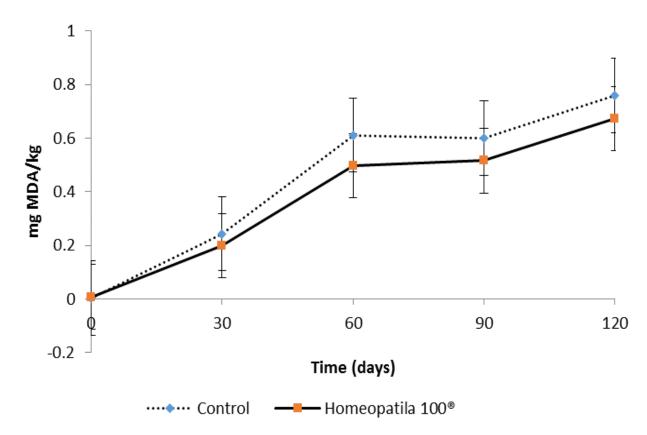


Figure 1. TBARS (thiobarbituric acid reactive substances) values of fillet and MSM 50% (F2 / 50) nuggets of Nile tilapia treated with *Homeopatila* 100[®] during storage of 120 days.

the range of "Surely I will buy it" and "Possibly I would buy it" because the acceptability indexes had values of 95.78 and 74.44%, respectively (Table 4), whereas the results were different only in the overall evaluation between F / 50 and F / 25. In Stage 1, the formulation with 50% MSM (F2 / 50) was chosen. The third stage of sensory analysis evaluated the consumer's acceptability of nuggets with Homeopatila $100^{\text{®}}$. In the case of sausages prepared with fillet and MSM, the highest acceptance occurred between sausages prepared with 40 and 60% MSM, as in the current research (Oliveira Filho et al., 2010).

With regard to the sensory evaluation of F2 / 50 (Stage 3), the acceptability and buying intention did not have any difference between treatments. significant The acceptance test varied between 6.93 and 7.64, and tenderness had the highest score in each of the treatments (Table 3). Scores close to 4 for buying intention for the two treatments were reported, and the values for the acceptability index were 71.80 and 75.40% for the control and Homeopatila 100[®], respectively (Table 4), with good acceptability (Dutcosky, 2007). In other research, tilapia MSM-based products were reasonably well accepted. In the case of tilapia breaded, scores were over 7.0 (Cortez Netto et al., 2010). Fishburgers with tilapia MSM had means between 7.14 and 7.46 for all attributes, and the mean scores for buying intention varied between 3.86 and 3.98 (Marengoni et al., 2009). Overall acceptance of sausages with 64% MSM of tilapia, smoked and pasteurized, ranged between 7.7 and 7.5, respectively (Dallabona et al., 2013).

In the instrumental evaluation of color (Table 1), nuggets with 25% MSM had a lighter color than those with 50% and 75%. In the qualitative analysis, the volunteer participants noted color differences with 75% MSM in both treatments. The shear force value was lower in formulation F / 75 (Table 1), which was also detected by the volunteers in the sensory analysis. In agreement with the results of this study, evaluators reported that the texture of sausages made with the highest percentage of MSM (80 and 100%) were softer than the other treatments (Oliveira Filho et al., 2010). The results (step 3) indicated no differences in color, aroma, tenderness, taste, overall evaluation and buying intention in the sensory evaluation with tilapia nuggets treated with Homeopatila 100[®]. F2 / 50 had the highest score with regard to tenderness. The same was reported in an assay with 40 and 60% MSM in sausages (Oliveira Filho et al., 2010). Buying intention varied for F2 / 50 between 71.80 and 75.40% for the control and Homeopatila 100[®] groups, respectively (Table 4), and 83.76% declared they had never eaten fish nuggets. With the results observed in the sensory analysis (steps 1 and 2), nuggets can be produced with 75% of filleting waste as a replacement for fillets of Nile tilapia without changing the physical. chemical, microbiological and sensory characteristics. However, to maintain a better acceptability and purchase

intent for nuggets, the maximum amount of MSM as a substitute for the fillet can be 50%, reducing waste in fish processing and preventing negative environmental impact.

In the sensory evaluation of nuggets of Nile tilapia treated with Homeopatila 100[®] and control (stage 3), the results showed no significant differences in the color attributes, aroma, tenderness, taste, overall evaluation and purchase intent. The use of homeopathic product in the diet of tilapia did not affect the sensory quality of the nuggets. This effect is important because the homeopathic product has provided significant results in performance parameters in the cultivation of Nile tilapia.

Conclusion

The results provide no evidence that adjuvant treatment with Homeopatila 100[®] for fish growth improves the quality of meat and products made from Nile tilapia.

Conflict of interest

The authors declared no conflict of interest.

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